

Shot Put	Novice Girls	AS OF June 1st		
Rank	Name	School	Distance	Location
1	Brown, Cate	St. Patricks Chs	12.08	WEST REGION
	Blaire Rickard	LaSalle SS	12	Nipissing Invite
	Reece Fitzgibbon	Bishop Tonnos	11.68	SOUTH REGION
	Basso, Sophia	Oakridge Oaks	11.06	Forest City
	Savannah Rodgers	Westlane	11.02	SOUTH REGION
	Aalyiah Wilks	Father Henry Carr (Toronto)	10.97	St Marcellinus
	Adeola Fagbemi	TD - St. Basil The Great	10.89	METRO REGION
	Melnick, Charlotte	Saunders S.S.	10.89	WEST REGION
	Sofia DiVizio	St. Michael CSS (Bolton)	10.87	SOUTH REGION
10	Camryn Leitch	Great Lakes	10.77	LKSSAA
	Jasmine Spence	Pickering (Ajax)	10.74	LOSSA
	Olivia Folk	Sir Frederick Banting	10.72	WEST REGION
	Evelyne Addy	Casselman	10.42	PRSSAA
	Zahara Igbokwe	King's Christian Collegiate	10.37	SOUTH REGION
	Louisa Begamman	East Elgin	10.35	WEST REGION
	Rose Hanna	Gananoque	10.27	Bay of Quinte
	Lidia Roach	Lakeshore Catholic	10.26	SOUTH REGION
	Lucia Mancusi	St. Patrick's Catholic H.S.	10.25	LKSSAA
20	Tehya Bowen	Brock	10.16	EAST REGION
	Sophia Lin	TE - Albert Campbell	10.15	METRO REGION
	Therese Crompton	Iona Catholic (Mississauga)	10.1	St Marcellinus
	Brooklyn Daigle	Therault (Timmins)	10.07	NEOAA
	Laurina Nganzeu	Gloucester	10	EAST REGION
	Lucy Reitzel	Resurrection	9.95	D8
	Charlee Sage	St Theresa Css	9.92	Hungerford
	Teya Anderson	St Anne's Css	9.92	WEST REGION
	Annie Niemann	Holy Cross	9.86	KASSAA
30	Blake Wellington	YR Bill Hogarth	9.85	CENTRAL REGION
	Sophia Horton-Moulton	Simcoe	9.81	WEST REGION
	Megan Paterson	Carleton Place	9.78	National Capital Classic Day 1
	Kayci Edwards	Timmins (Timmins)	9.74	NEOAA
	Nefertari Senis	La Salle	9.68	KASSAA
	Alex Johnson	TS - Riverdale	9.68	METRO REGION
	Moyra Daly-Akpovoka	TW - Lakeshore CI	9.65	METRO REGION
	Kindree, Emma	Cayuga	9.64	Debbie Miller
	Cassidy Preskar	East Northumberland	9.62	EAST REGION
40	Natasha Evers	Perth	9.56	EAST REGION
	Lordliveth Akanyere	Philip Pocock (Mississauga)	9.54	ROPSSAA
	Lia Osagiede	St. Thomas Aquinas (Tottenham)	9.53	South GBSSA
	Malika Grenon	Chelmsford	9.53	SDSSAA
	Sydney West	St Thomas Community Christian School	9.51	D4 / D10
	Schwartz, Kapri	London South	9.5	Forest City
	Hephizibah Uwuseba	St Aloysius Gonzaga (Mississauga)	9.47	Lakeshore High-Octane
	Keira Corkery	East Northumberland	9.47	Bay of Quinte
	Jevic Temgoua	Pere Rene D	9.47	D8
50	Jada Brohart	Espanola	9.44	Nipissing Invite
	Ayomide Sanni	CI - De La Salle College	9.41	METRO REGION
	Vandermeer, Myelle	Esc Gabriel-Dumont	9.4	Woodstock
	Marilla Plivcic	King's Christian Collegiate	9.37	D4 / D10
	Emma Mitrevski	Belle River DHS	9.35	WECSSA 2
	Rolle, Jadeh	Saint Andre	9.35	TVRA

Shot Put	Novice Girls	AS OF June 1st		
Rank	Name	School	Distance	Location
	Ryann Walton	Tecumseh Vista Academy	9.34	WECSSAA
	Camrynn Dewar	Listowel	9.32	WOSSAA
	Kira Whittaker	GB Banting Memorial	9.31	CENTRAL REGION
	Ferron-Bouius, Zahra	Nepean	9.28	EAST REGION
	Kira Wilson	Harold M Brathwaite (Brampton)	9.26	St Marcellinus
	Lauren Torrence	Almaguin Highlands (South River)	9.26	North GBSSA
	Abbi Ottowell	GB Our Lady of the Bay	9.24	CENTRAL REGION
	Jaeda Atam	St Francis	9.23	EAST REGION
60	Ashley Britt	Dunbarton (Pickering)	9.22	LOSSA
	Arthana Sangarathas	Louise Arbour SS (Brampton)	9.2	St Marcellinus
	Neviah Murray	Bramalea (Brampton)	9.2	St Edmund Campion
	Avery Gibson	Englehart (Englehart)	9.2	NEOAA
	Neveah Brooks	Notre Dame	9.2	EAST REGION
	Marina Veselinovic	Sandwich Secondary	9.18	Lancer Prep
	Sydney Knapp	Bluevale	9.18	CWOSSAA
	Sarah Capes	Anderson (Whitby)	9.15	Durham 2
	Dominique Devonish	Saint Charles Garnier (Whitby)	9.15	LOSSA
	Michelle Okoro	GB Innisdale	9.15	CENTRAL REGION
70	Ava Coulsey	Riverside Secondary School	9.14	WECSSA 2
	Ivy Johnston	Hagersville	9.14	CWOSSAA
	Georgia Raine	TE - Birchmount Park	9.13	METRO REGION
	Anointeah Thomas	ES Kapuskasing (Kapuskasing)	9.13	NEOAA
	Gemma Phillips	Greater Fort Erie	9.12	SOUTH REGION
	Poitras Marusya	College Sain	9.11	UOttawa Invite 2
	Charlee Dosramos	Dundas Valley	9.11	COSSAA
	Winkel, Helena	Nepean	9.08	UOttawa Invite 1
	Mollie Wanner	ALNB	9.03	NDA
	Lauren Torrance	GB Almaguin Highlands	9.02	CENTRAL REGION
80	Beyanna Dieuvil	Samuel-Genes	9.01	EAST REGION
	Amy Solomon	Laurel Heights	8.97	WCSSAA
	Sophia Klie	Erie Migration District School	8.95	WECSSAA
	Demilade Adeleke	TE - Wexford	8.95	METRO REGION
	Lexie Hebert	Laurel Heights	8.88	WCSSAA
	Molly Reaume	North Star	8.87	WECSSA 2
	Ophelie Levac	Plantagenet	8.85	PRSSAA
	Mills, Charlotte	Osgoode	8.82	UOttawa Invite 1
	Mackenna Michalski	Erie Migration District School	8.82	WECSSAA
	Amarachi Ajayi	St Marcellinus	8.82	SOUTH REGION
90	Gordon, Isabelle	Saunders S.S.	8.81	TVRA
	Haye-Beaumont, Mya	Assumption	8.81	CWOSSAA
	Shaela Philipo	Dundas Valley	8.79	HWIAC
	Maggie Miller	Sandwich Secondary	8.75	WECSSAA
	Alessandra Ngai	Loretto Abbey (Toronto)	8.74	SMC Snowball Relays
	Norrie, Jessica	Pauline Johnson Cvs	8.74	Forest City
	Aryaah Cumberbatch	St Marcellinus (Mississauga)	8.72	St Marcellinus
	Kara Nesbitt	Owen Sound	8.72	Bluewater
	Charlotte Jackman	Glengarry	8.72	SDGAA
	Amy Strydom	Bishop Ryan	8.72	GHAC
100	Emma Mourre	Lepss	8.71	SDSSAA

Discus	Novice Girls			
Rank	Name	School	Distance	Location
1	Reese FitzGibbon	Bishop Tonnos	32.9	SOUTH REGION
	Megan Paterson	Carleton Place	32.22	EAST REGION
	Blaire Rickard	LaSalle SS	30.95	Nipissing Invite
	Olivia Folk	Sir Frederick Banting	30.66	WEST REGION
	Leitch, Camryn	Great Lakes	30.48	WEST REGION
	Louisa Begamann	East Elgin	29.73	TVRA
	Savannah Rodgers	Westlane	29.69	Zone 3
	Melnick, Charlotte	Saunders S.S.	28.42	WEST REGION
	Alea Culin	North Bay	28.37	Nipissing Invite
10	Kendra Lariviere	Centennial	27.98	Zone 3
	Aryaah Cumberbatch	St Marcellinus (Mississauga)	27.46	St Marcellinus
	Cassidy Preskar	ENSS	26.74	Bay of Quinte
	Sofia DiVizio	St. Michael CSS (Bolton)	26.5	ROPSSAA
	Sara Hourihan	TW - Etobicoke Arts	26.48	METRO REGION
	Sophia Basso	Oakridge	26.04	WEST REGION
	Ava Pereira	Our Lady of Mount Carmel (Mississauga)	25.77	SOUTH REGION
	Lucy Reitzel	Resurrection	25.71	CWOSSAA
	Charlotte Mills	Osgoode	25.6	NCSSAA
	Annelise Takam-Talon	Pierre Savard	25.49	NCSSAA West
20	Lordliveth Akanyere	Philip Pocock (Mississauga)	25.15	SOUTH REGION
	Alliya Derbyshire	Frontenac	24.68	KASSAA
	Aliyah O'Rourke	St Michael Csx	24.65	Huron Perth
	Mya Haye-Beaumont	Assumption	24.3	WEST REGION
	Kayci Edwards	Timmins (Timmins)	24.28	NEOAA
	Julia Dent	Collingwood CI (Collingwood)	24.22	North GBSSA
	Hannah Smith	Arnprior	24.18	EAST REGION
	Hollestelle-Black, Lily	St. Marys Dcvi	24.07	WEST REGION
	Demilade Adeleke	TE - Wexford	23.85	METRO REGION
	Siqi Tan	Iroquois Ridge HS	23.76	GHAC
30	Hannah Morden	TE - Wilfrid Laurier	23.76	METRO REGION
	Melanie Preis	Resurrection	23.74	CWOSSAA
	Ayva Reis	St. Thomas of Villanova	23.71	WECSSAA
	Charlee Dosramos	Dundas Valley	23.58	HWIAC
	Emma Mitrevski	Belle River	23.42	WECSSAA
	Mollie Wanner	ESC Algonquin - North Bay (North Bay)	23.39	NDA
	Annie Niemann	Holy Cross	23.37	KASSAA
	Alexandra Brouwer	YR Innova Academy	23.36	CENTRAL REGION
	Jasmine Spence	Pickering (Ajax)	23.3	LOSSA
	Lauren Torrance	GB Almaguin Highlands	23	CENTRAL REGION
40	Keira Corkery	ENSS	22.96	Bay of Quinte
	Sophia Merriman	SHNB	22.82	NDA
	Sophia Blight	North Hastings	22.59	Bay of Quinte
	Rhyanna Fullerton	Bramalea (Brampton)	22.52	St Marcellinus
	Beyanna Dieuvil	Samuel-Genes	22.52	NCSSAA
	Sarah Hicks	South Carleton	22.36	NCSSAA West
	Olivia Oconnor	Arnprior	22.34	EAST REGION
	Kayla Persaud	Philip Pocock (Mississauga)	22.3	SOUTH REGION
	Maddie Barr	Norwood	22.26	EAST REGION
	Sophie Warren	Banting	22.22	WOSSAA
50	Elenore Schmidt	Westmount	22	HWIAC
	Brooke Haveman	Saunders S.S.	21.89	TVRA

Discus	Novice Girls			
Rank	Name	School	Distance	Location
	Amy Strydom	Bishop Ryan Secondary School	21.85	GHAC
	Samantha Vandermeijden	Providence Reformed Collegiate	21.76	OCSSAA
	Alyssa MacNevin	LO Holy Trinity	21.71	CENTRAL REGION
	Eden Ariri	Central Peel SS (Brampton)	21.65	ROPSSAA
	Victoria Ogunlaja	CI - Havergal College	21.65	METRO REGION
	Abbi Ottowell	Our Lady of the Bay (Collingwood)	21.64	St Theresa's
	Ava Weston	Quinte Christian	21.64	Bay of Quinte
	Karas, Isabella	St. Patrick'	21.57	Lancer Prep
60	Ava Dobrocky	EL Crossley	21.52	Zone 3
	Lexie Hebert	Laurel Heights	21.34	WCSSAA
	Rhiannon Mei-Labbé	GB ES Roméo-Dallaire	21.3	CENTRAL REGION
	Charlotte Johnson	St Marys DCVI	21.27	Woodstock
	Shaela Philipo	Dundas Valley	21.2	HWIAC
	Harmony Swain	White Pine Cvi	21.19	Sault Ste Marie
	Emillia Plant	Casselman	21.18	EAST REGION
	Elodie Foster	Westlane	21.09	Zone 3
	Ella Wideen	Sandwich Secondary	20.89	WECSSAA
	Darah Allen	Brampton Centennial (Brampton)	20.88	St Marcellinus
70	Clara Wiles	Waterloo CI	20.79	WCSSAA
	Mary Chafe	Merivale	20.79	NCSSAA
	Olivia Abidaoud	All Saints (Whitby)	20.76	LOSSA
	Mieke Thalen	Woodland Christian High School	20.64	D8
	Lena Thompson	St Marys Dcvi	20.64	WOSSAA
	Simone Lengden	TS - Malvern	20.61	METRO REGION
	Georgia Raine	TE - Birchmount Park	20.6	METRO REGION
	Laurina Nganzeu	Gloucester	20.46	NCSSAA
	Sophie Membury	Essc	20.38	SDSSAA
	Bella Walker	Thorold	20.29	Zone 4
80	Jada Brohart	Espanola	20.28	Nipissing Invite
	Addy Fleming	Holy Cross	20.25	KASSAA
	Giada Stabile	W.F. Herman	20.18	WECSSAA
	Leah Lachapelle	Algonquin - North Bay	20.15	Nipissing Invite
	Angelina Valdes	YR St Maximilian Kolbe	20.14	CENTRAL REGION
	Delaney O'Grady	Brock	20.07	Kawartha
	Onipede, Dorcus	Westminster	20.06	Forest City
	Shewayhat, Zayna	St. Patricks Chs	20	Forest City
	Jamie Flanders	South Carleton	19.98	NCSSAA
	Evelyn Stewart	Our Lady of Mount Carmel (Mississauga)	19.95	Colts/Warriors
90	Jade Moore	Centre Wellington	19.94	CWOSSAA
	Carlie Snoddon	Brock	19.93	Kawartha
	Karina Miakisheva	CI - Villanova College	19.71	METRO REGION
	Alex Johnson	TS - Riverdale	19.68	METRO REGION
	Neveah Brooks	Notre Dame	19.67	National Capital Classic Day 1
	Saniyah Haynes-Murray	Notre Dame (Ajax)	19.67	LOSSA
	Lily Hulleman	Guido deBres	19.65	HWIAC
	Jolene Payne	HCCSS	19.59	Kawartha
	Nora Reinink	Emmanuel Christian	19.59	CWOSSAA
	Aaliyah Yen	Sandwich Secondary	19.58	WECSSAA
100	Mo Daly-Akpovoka	Lakeshore	19.55	TDSSAA South & West
	Weber, Melody	St. Marys Dcvi	19.51	Woodstock
	Laura Morin	Longfields	19.41	NCSSAA West

Discus	Novice Girls			
Rank	Name	School	Distance	Location
	Sophia Horton-Moulton	Simcoe	19.36	CWOSSAA

Javelin	Novice Girls			
Rank	Name	School	Distance	Location
1	Natasha Evers	Perth	34.05	National Capital Classic Day 2
	Leitch, Camryn	Great Lakes	33.97	WEST REGION
	Emersyn Vail	Stratford District	30.34	Huron Perth
	Savannah Rodgers	Westlane	29.8	SOUTH REGION
	Jillian Trepanier	Woodstock	29.35	WEST REGION
	Mia St Michael	St Joseph's	29.15	EAST REGION
	Farrah Kendall	Rideau District	28.97	LGSSAA
	Ashley Britt	LO Dunbarton	28.94	CENTRAL REGION
	Addy Fleming	Holy Cross	28.89	KASSAA
10	Olivia Young	Qchs	28.85	Bay of Quinte
	Annie Niemann	Holy Cross	28.77	KASSAA
	Olivia Folk	Banting	28.77	WEST REGION
	Ava Van Winckle	Frontenac	28.68	EAST REGION
	Lyla Yager	Cayuga	28.53	WEST REGION
	Marina Veselinovic	Sandwich Secondary	28.32	WECSSAA
	Louisa Begamann	East Elgin	28.18	TVRA
	Sarika Adriaanse	Catholic Central	28.18	TVRA
	Smith, Sophie	Great Lakes	27.88	WEST REGION
	Abigail Easdale	YR Bill Crothers SS	27.42	CENTRAL REGION
20	Jenny Kemsley	GB Our Lady of the Bay	27.4	CENTRAL REGION
	Abby Thompson	Cayuga	27.16	WEST REGION
	Emma Mitrevski	Belle River	26.52	WECSSAA
	Mackenzie Masters	Saltfleet	26.5	SOUTH REGION
	Brooke Haveman	Saunders	26.43	TVRA
	Tianna Wiles	LO Pickering	26.38	CENTRAL REGION
	Ava Reinhart	St. Martin (Mississauga)	26.24	SOUTH REGION
	Laurina Nganzeu	Gloucester	26.23	NCSSAA
	Ginger MacDonald	Tw - Silverthorn C.I.	25.99	METRO REGION
	Aieris Smith	Smithville Christian	25.96	Zone 4
30	Leah Lachapelle	ESC Algonquin - North Bay (North Bay)	25.84	Nipissing Invite
	Kenya Black	LO All Saints	25.8	CENTRAL REGION
	Maggie Miller	Sandwich	25.75	WECSSAA
	Nicole Murray	St Thomas Aquinas	25.55	TVRA
	Marija Simic	St Anne High School	25.54	WECSSAA
	Hannah Prohl	Eastdale (Oshawa)	25.44	LOSSA
	Elodie Foster	Westlane	25.37	Zone 3
	Helena Schmoll	ENSS	25.36	COSSA
	Kaitlyn Melao	St. Joan of Arc (Mississauga)	25.31	ROPSSAA
	Brynn Brunke	Thousand Islands	25.21	LGSSAA
40	Shaela Philipo	Dundas Valley	25.16	SOUTH REGION
	Hayden St Louis	Tecumseh Vista	25.11	WECSSAA
	Noelle Simpson	CI - St Anne's School	25.09	METRO REGION
	Emily Shi	TE - Dr Norman Bethune	24.86	METRO REGION
	Bess Flynn	Bishop Strachan School (Toronto)	24.85	CISAA Sr
	Nora Abdullah	Sandwich	24.75	WECSSAA
	Madelyn Keen	ESC l'Essor	24.7	WECSSAA
	Sophia Lin	TE - Albert Campbell	24.62	METRO REGION
	Byrn Burgess	Regiopolis	24.42	Bay of Quinte
	Alina Zakaznikov	TD - Michael Power/St.Joseph	24.4	METRO REGION
50	Rhiannon Mei-Labbé	GB ES Roméo-Dallaire	24.33	CENTRAL REGION

Javelin	Novice Girls			
Rank	Name	School	Distance	Location
	Lindsey Meyer	Central Huron	24.28	WEST REGION
	Violet Upton	Cobourg	24.26	COSSA
	Brooklyn Quinn	GB Georgian Bay DSS	24.1	CENTRAL REGION
	Lauren Torrance	Almaguin Highlands (South River)	23.68	North GBSSA
	Ayomide Sanni	CI - De La Salle College	23.52	METRO REGION
	Claire Aagaard	Resurrection	23.49	D8
	Ava Van Winkle	Frontenac	23.46	Hungerford
	Adriana Cano-Fox	St Joseph's Catholic	23.44	WECSSAA
	Gracie Mallette	St Mary - Brockville	23.35	Hungerford
60	Jada Brohart	Espanola	23.33	Nipissing Invite
	Brooke Halward	Woodstock	23.08	TVRA
	Nora Reinink	Emmanuel Christian High School	23.07	WEST REGION
	Cassandra Peters	Holy Cross	23.04	Bay of Quinte
	Charlotte Melnick	Saunders	22.9	TVRA
	Molly Murphy	Mother Teresa	22.83	WOSSAA
	Kayci Edwards	Timmins (Timmins)	22.8	NEOAA
	Kayla Persaud	Philip Pocock	22.73	SOUTH REGION
	Madison Potter	CK	22.67	CK Relays
	Coco Ni	Lakefield College School (Lakefield)	22.65	CISAA Sr
70	Alliya Derbyshire	Frontenac	22.63	Hungerford
	Edem Meerstra	Emmanuel Christian High School	22.6	CWOSSAA
	Abbi Ottowell	Our Lady of the Bay (Collingwood)	22.32	North GBSSA
	Emily Brink	Heritage Christian School	22.28	OCSSAA
	Caitlyn Booth	Bear Creek S.S. (Barrie)	22.27	South GBSSA
	Mieke Thalen	Woodland Christian High School	22.17	D8
	Ophelie Demers	Saigneurie	21.97	PRSSAA
	Ellie Portlock	St Joseph's	21.96	WOSSAA
	Avalynn Ball	Stratford District	21.93	WOSSAA
	Aryaa Cumberbatch	St Marcellinus (Mississauga)	21.91	SOUTH REGION
80	Annelise Takam-Talon	Pierre Savard	21.85	NCSSAA
	Beyanna Dieuvil	Samuel-Genes	21.84	NCSSAA East
	Karmen Hovinga	North Addington	21.84	Bay of Quinte
	Marian Vesselinovic	Sandwich	21.75	WECSSAA 3
	Evangeline Arsenault	St. Martin (Mississauga)	21.75	ROPSSAA
	Ocean Nielsen	Toronto District Christian (Woodbridge)	21.69	York Region
	Lauryn Friesen	Laura Secord	21.58	Zone 4
	Oaklee Hamelin	Iroquois Falls (Iroquois Falls)	21.57	NEOAA
	Charlotte Mills	Osgoode	21.51	NCSSAA East
	Kate Renaud	Sandwich	21.47	WECSSAA 3
90	Martini Simic	St Anne High School	21.44	WECSSAA 3
	Alea Culin	North Bay	21.43	Nipissing Invite
	Sophie McEachen	St Joseph's	21.42	National Capital Classic Day 2
	Audrey McLarty	Quinte Christian	21.41	Bay of Quinte
	Simone Lengden	Malvern	21.4	TDSSAA South & West
	Keira Corkery	ENSS	21.3	Bay of Quinte
	Katlyn Haskell	North Park	21.29	Debbie Miller
	Jordyn Gavin	St Paul (Niagara Falls)	21.26	Ridin Turbo
	Carolina Tootill	All Saints	21.22	NCSSAA
	Julia Dziejma	Bishop Ryan Secondary School	21.21	GHAC
100	Shewayhat, Zayna	St. Patricks Chs	21.15	LKSSAA

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Shot Put	Junior Girls			
Rank	Name	School	Distance	Location
1	Tunks, Jenna	Oakridge Oaks	15.32	WEST REGION
	Adalee Turland	Kincardine	14.23	WEST REGION
	Tyler Lamarche	North Star	12.94	WEST REGION
	Saige Burbick	TN - Downsview	12.56	METRO REGION
	Georgia Policicchio	TS - Harbord	12.34	METRO REGION
	Ava Mayrand	North Star	12.27	WEST REGION
	Michelle Anigwe	St Thomas More	12.11	SOUTH REGION
	Claudika Kudrocova	Glenview Park	12.1	CWOSSAA
	Hajjar, Elizabeth	Mother Teres	12.01	WEST REGION
	Mackenzie Caba	TD - Senator O'Connor	11.82	METRO REGION
10	Eva Wilson	College Ave	11.79	WEST REGION
	Helena Siolkowsky	EL Crossley	11.63	Zone 3
	Bia Lyra	St Thomas Community Christian School	11.59	OCSSAA
	Malaya Ennis	St. Martin (Mississauga)	11.46	ROPSSAA
	MacDonald, Elicia	Senator O'Connor	11.31	Andre Hamilton
	Maggie Hughson	Merivale	11.27	EAST REGION
	Lauren Kostyk	Emily Carr (Vaughan)	11.23	CENTRAL REGION
	Madison Coulas	Fellowes-Pembroke	11.12	EAST REGION
	Madelyn Goulding	Port Colborne	11.11	SOUTH REGION
	Riley Puddicombe	Banting	10.98	TVRA
	Kayla Snow	Maxwell Heights (Oshawa)	10.89	CENTRAL REGION
	Leora Sharman	North Star	10.83	WECSSAA
	Keshika Umasangaran	YR Markham	10.81	CENTRAL REGION
	Olivia Ashman	Uxbridge (Uxbridge)	10.77	LOSSA
	Lily Galloway	Loyalist	10.75	KASSAA
20	Caudika Kudrocova	Glenview Park	10.73	Track Wars
	Molly Parker	St Thomas Community Christian School	10.63	OCSSAA
	Lana Petkovic	Grand River	10.61	WEST REGION
	Lorelai Mackler	De La Salle College (Toronto)	10.59	CISAA Sr
	Kaidyn Nicoll	Innisdale (Barrie)	10.58	South GBSSA
	Yusra Al-Mahdi	Assumption College School	10.53	WEST REGION
	Reagan Chesney	Kingston	10.48	EAST REGION
	Lin, Sophia	Albert Campbell	10.42	Andre Hamilton
	Lily Payne	Thousand Isl	10.42	Limestone Legacy
	Brooke Moore	EL Crossley	10.33	Zone 3
30	Gaines, Ashleigh	Bill Crothers SS	10.3	Andre Hamilton
	Lee, Sophie	Guelph Cvi	10.29	Forest City
	Mariana Guerrero	Resurrection	10.29	D8
	Bella Demarell	O'Gorman (Timmins)	10.29	NEOAA
	Isla Brydson	St Mary - Cobourg	10.22	Kawartha
	Adesuwa Alexadra Orobosa-Ogbeid	CI - Hawthorn School	10.18	METRO REGION
	Chaselyn Roth	Brockville C	10.16	EAST REGION
	Kalysia McCoy	St Theresa	10.11	EAST REGION
	Ella Watson	CDHS	10.06	EAST REGION
	Sophia Correale	St Marcellinus (Mississauga)	10.04	ROPSSAA
40	McKay, Ava	West Carleton	10.02	UOttawa Invite 1
	Kiley Couture	Sandwich	9.95	WECSSAA 2
	Sadie Bester	Sacred Heart	9.95	Bluewater
	Sophie Leveille	Escc	9.95	SDSSAA
	Ruby Lunardini	TD - Michael Power/St.Joseph	9.95	METRO REGION
	Emily Wallace	Dunbarton (Pickering)	9.92	Durham 2
	Hailey Taekema	Emmanuel Christian High School	9.91	OCSSAA
	Brewer, Harlie	South Grenvi	9.9	Pirate Relays

Shot Put	Junior Girls			
Rank	Name	School	Distance	Location
	Adeola Fagbemi	St. Basil The Great (Weston)	9.9	Father Redmond
	Allie Bridgen	St. Thomas of Villanova	9.9	WECSSAA 2
	Summer Nickoshie	Cochrane (Cochrane)	9.89	NEOAA
	Josephine Pascetta	TD - Bishop Allen Academy	9.77	METRO REGION
	Bridgette Kovacs	Chatham-Kent Secondary School	9.71	LKSSAA
	Sienna Naranjo-Vargas	Saugeen	9.69	Bluewater
60	Grace McArthur	TN - Lawrence Park	9.65	METRO REGION
	Eliana Jd-Isba	Cayuga	9.64	CWOSSAA
	Ramoniq Paulwell	Kipling	9.63	TDSSAA South & West
	Kendal Hogan	Maxwell Heights (Oshawa)	9.62	Durham 2
	Rachel Bumbaca	St John's	9.61	Debbie Miller
	Matilde Ojeda-Carvajal	Our Lady of Mount Carmel (Mississauga)	9.6	ROPSSAA
	Zara Padmore	St Laurent Academy	9.6	EAST REGION
	Chloe Bender	St Paul (Niagara Falls)	9.58	Ridin Turbo
	Baron, Aliyah	Mother Teres	9.57	Forest City
	Maggie Young	Monarch Park (Toronto)	9.51	TDSSAA South & West
70	Emma Dion	Plantagenet	9.5	PRSSAA
	Lola Liu	RDHS	9.48	LKSSAA
	Ruby Turner	St. Joseph's Catholic	9.46	WECSSAA
	Maci Simmons	Dundas Valley	9.45	HWIAC
	Ava Wales	Cameron Heights	9.44	WCSSAA
	Berry Segun-Falade	St Francis Xavier (Mississauga)	9.44	ROPSSAA
	Adeleke, Demilade	Wexford	9.43	Andre Hamilton
	Audrey Tavares	Sacred Heart (Newmarket)	9.42	York Region
	Makayla Kedroe	Brampton Centennial (Brampton)	9.41	SOUTH REGION
	Aaliyah Abdool	John McGregor Secondary School	9.4	Lancer Prep
80	Alyssa Sills	Bayridge	9.38	KASSAA
	Natalie Pretty	Sarnia Northern	9.37	LKSSAA 3
	Alyssa Brown	LO Pickering	9.37	CENTRAL REGION
	Cowling, Shannon	Mpci	9.36	TDSSAA South & West
	Mackinleigh Courtney	Holy Cross	9.35	Limestone Legacy
	Haylee Francoeur	Bishop Smith	9.34	UOttawa Invite 2
	Michaela Howse	Napanee	9.33	Limestone Legacy
	Lola Wachter	Riverside Secondary School	9.31	WECSSAA
	Aubrey Simetic	Sandwich	9.31	WECSSAA
	Azara Phillips	Bur Oak S.S. (Markham)	9.28	Colts/Warriors
90	Isabelle Casselman	Crestwood	9.27	Kawartha
	Naomi Camacho	Bishop Reding	9.27	HAC
	Annabella Petrocchi	Bishop Ryan Secondary School	9.27	SOUTH REGION
	Nicoletta Kotsovos	St Thomas Aquinas	9.26	WEST REGION
	Georgina Bashir	St. Joseph's Catholic	9.24	WECSSAA 2
	Abby Phillips	Saltfleet	9.24	HWIAC
	Michaela Blygen	Immaculata-Ottawa	9.2	EAST REGION
	Makinleigh Courtney	Holy Cross	9.18	KASSAA
	Nesiah Koppoe	St David	9.16	CWOSSAA
	Katelyn Barnard	Hamilton Christian	9.14	OCSSAA
100	McCulloch, Olivia	Dundas Valley	9.13	Gaels Relays

Discus	Junior Girls			
Rank	Name	School	Distance	Location
1	Tunks, Jenna	Oakridge Oaks	45.8	WOSSAA
	Adalee Turland	Kincardine	40.34	CWOSSAA
	Saige Burbick	TN - Downsview	36.45	METRO REGION
	Tyler Lamarche	North Star	35.09	Lancer Prep
	Leora Sharman	North Star	32.18	Lancer Prep
	Matilde Ojeda-Carvajal	Our Lady of Mount Carmel (Mississauga)	32.17	SOUTH REGION
	Violet Zanutto	Centennial	31.73	SOUTH REGION
	Ava Mayrand	North Star	31.58	WEST REGION
	Emily Wallace	LO Dunbarton	30.65	CENTRAL REGION
10	Ella Watson	CDHS	30.4	Kawartha
	Aleksandra Majos	St. Joan of Arc (Mississauga)	29.78	St Marcellinus
	Mariana Guerrero	Resurrection	29.62	WEST REGION
	Sophia Correale	St Marcellinus (Mississauga)	29.1	SOUTH REGION
	Schrie, Chelsea	Sarnia North	28.87	WEST REGION
	Natalie Pretty	Northern	28.81	WEST REGION
	Faith Jacobi	Centennial	28.7	Zone 3
	Caitlyn Vienneau	Elliot Lake SS	28.53	Nipissing Invite
	Ryley Reid	GB Bracebridge & Muskoka Lakes	28.3	CENTRAL REGION
	Kaidyn Nicoll	Innisdale (Barrie)	28.2	South GBSSA
20	Olivia Ashman	Uxbridge (Uxbridge)	28.13	LOSSA
	Madelyn Goulding	Port Colborne	28	SOUTH REGION
	Ava Marshall	Holy Trinity (Courtice)	27.92	Durham 2
	Policicchio, Geor	Harbord	27.65	Andre Hamilton
	Josephine Pascetta	TD - Bishop Allen Academy	27.07	METRO REGION
	Mallea McMullin	Louis-Riel	26.89	EAST REGION
	Sienna Narangjo-Vargas	Saugeen	26.85	CWOSSAA
	Hailey Taekema	Emmanuel Christian High School	26.78	CWOSSAA
	Mackinleigh Courtney	Holy Cross	26.4	Hungerford
	Ashleigh Gaines	YR Bill Crothers SS	26.34	CENTRAL REGION
30	Elizabeth Hajjar	Mother Teresa	26.29	TVRA
	Meadow Woods	NOSH	26.12	Sault Ste Marie
	Lana Petkovic	Grand River	25.76	Track Wars
	Selena Brown	Catholic Central	25.76	CK Relays
	Bridgette Kovacs	Chatham-Kent	25.75	Lancer Prep
	Isla Brydson	St Mary - Cobourg	25.75	EAST REGION
	Reagan Chesney	Kingston	25.74	EAST REGION
	Emily Carrier	Ange-Gabriel	25.69	Hungerford
	Isabelle Casselman	Crestwood	25.42	EAST REGION
	Kimona Rochester	TD - Father Henry Carr	25.22	METRO REGION
40	Alyssa Brown	Pickering (Ajax)	25.1	LOSSA
	Heidi Mathieson	Northern	25.03	Lancer Prep
	Kalysia McCoy	St Theresa	24.91	EAST REGION
	Lily Galloway	Loyalist	24.84	Limestone Legacy
	Grace Rotermann	Banting	24.81	WEST REGION
	Lorelai Mackler	De La Salle College (Toronto)	24.78	CISAA Sr
	Isla Sanders	Loyalist	24.72	KASSAA
	Vanessa Julien	Essc	24.72	SDSSAA
	Felix Ridgeway	TS - Riverdale	24.67	METRO REGION
	Michaele Blygen	Immaculata	24.43	NCSSAA East
50	Sydney Hunter	Holy Cross	24.43	KASSAA
	Jessica Pusic	St Marcellinus (Mississauga)	24.3	St Marcellinus
	Kendal Hogan	Maxwell Heights (Oshawa)	24.29	LOSSA
	Bia Lyra	St Thomas Community Christian School	24.25	OCSSAA

Discus	Junior Girls			
Rank	Name	School	Distance	Location
	Maggie Kluke	Osgoode	24.24	UOttawa Invite 1
	Grace McArthur	TN - Lawrence Park	24.22	METRO REGION
	Brooke Moore	EL Crossley	24.11	Zone 3
	Lauren Kostyk	YR Emily Carr	24.11	CENTRAL REGION
	Megan Ancheta	Paul Dwyer (Oshawa)	24.06	LOSSA
	Kendal Boyko	John Diefenbaker	24.05	Bluewater
60	Emma Packard	Elliot Lake SS	24.04	Nipissing Invite
	Radke, Gracie	Stratford Di	23.95	Forest City
	Ava Harrison	Essex District High School	23.88	WECSSAA
	Karolina Sagat	Michael Power/St.Joseph (Etobicoke)	23.78	St Marcellinus
	Emily Raymond	Gananoque	23.77	Hungerford
	Alyvia Koskela	Timmins (Timmins)	23.51	NEOAA
	Serena Gatt	Sandwich	23.49	WECSSAA
	Neely Carroll	Northern	23.46	LKSSAA
	Carling Ruddell	Assumption	23.36	CWOSSAA
	Karis Vanlochem	Heritage Christian School	23.25	OCSSAA
70	Naomi Dwomoh	Seaway	23.23	EAST REGION
	Rebecca Morrow	Timiskaming	23.14	Nipissing Invite
	Katherine Rogers	Anderson (Whitby)	23.12	Durham 1
	Stefania D'Angelo	YR Emily Carr	23.06	CENTRAL REGION
	Andree, Peyton	Paris Distri	23.05	Forest City
	Bella Demarell	O'Gorman - Timmins	22.93	Lancer Prep
	Leya Lewis	Brampton Christian	22.93	OCSSAA
	Kollman, Macy	St. Michael	22.92	WEST REGION
	Kaylie Newton	GB Bear Creek S.S.	22.84	CENTRAL REGION
	Kayla Snow	Maxwell Heights (Oshawa)	22.74	LOSSA
80	Ella McGarvey	AY Jackson	22.69	CWOSSAA
	Gabrielle Butcher	Brampton Centennial (Brampton)	22.6	ROPSSAA
	Emma Flynn	Bishop Ryan Secondary School	22.56	SOUTH REGION
	Reagan Edwards	Bishop Smith	22.53	National Capital Classic Day 2
	Dyanda Kasweka	Guido deBres	22.53	HWIAC
	Rachel Shelven	TN - Don Mills CI	22.5	METRO REGION
	Paizley Curran	Mitchell	22.43	WOSSAA
	Sophie Scott	Norwood	22.33	Kawartha
	Brianna Espanueva	All Saints (Whitby)	22.32	Durham 2
	Bester, Sadie	Sacred Heart	22.31	Bluewater
90	Mady Dynes	North Hastings	22.3	Bay of Quinte
	Lola Wachter	Riverside Secondary School	22.29	WECSSAA
	Naya Mariano-Johnson	St. Mary (Pickering)	22.28	Durham 2
	Sophie Vreugdenhil	Qchs	22.25	Bay of Quinte
	Alyssa Sills	Bayridge	22.25	KASSAA
	Riley Klein Gebbinck	Elmvale (Elmvale)	22.19	North GBSSA
	Lilah Graham	Lambton Central	22.17	CK Relays
	Brookelynn McKenzie	North Lambton	22.16	LKSSAA
	Malaya Ennis	St. Martin (Mississauga)	22.12	St Marcellinus
	Anna Beckstead	St John	22.1	National Capital Classic Day 2
100	Excel Ilesanmi	Riverside Secondary School	22.03	WECSSAA

Javelin	Junior Girls			
Rank	Name	School	Distance	Location
1	Mallea McMullin	Louis-Riel	42.6	EAST REGION
	Van Bakel, Abigayle	St. Michael	40.17	WEST REGION
	Robyn Currie	Mentor College (Mississauga)	37.34	SOUTH REGION
	Eden Fraser	Woodstock	36.44	WOSSAA
	Alyvia Koskela	Timmins (Timmins)	36.04	NEOAA
	Aubrey Simetic	Sandwich	33.92	WECSSAA
	Kotsovos, Nicoletta	St. Thomas A	33.77	WEST REGION
	Ava Harrison	Essex	33.56	WECSSAA
	Tyler Lamarche	North Star	32.7	WEST REGION
10	Abby Lorz	AY Jackson	32.11	NCSSAA
	Ava Marshall	Holy Trinity (Courtice)	31.92	
	Olivia McCulloch	Dundas Valley	31.85	SOUTH REGION
	Boston Pacey	Dunbarton (Pickering)	31.6	Durham 2
	Daphne Lodder	Emmanuel Christian High School	31.39	WEST REGION
	Marshall, Ellisha	Perth and District	31.19	National Capital Classic Day 2
	Reagan Edwards	Bishop Smith	31.09	EAST REGION
	Gillian Goslin	Sydenham	31	EAST REGION
	Naya Mariano-Johnson	St. Mary (Pickering)	30.97	Durham 1
	Kaitlyn Robinson	Bluevale	30.92	WEST REGION
20	Isla Brydson	St Mary - Cobourg	30.89	Hungerford
	Madison Myers	Dundas Valley	30.8	HWIAC
	Mara Charlebois	GB Georgian Bay DSS	30.49	CENTRAL REGION
	Sara Vandenbeukel	Guido deBres	30.47	OCSSAA
	Lily Rutherford	Saunders	30.09	TVRA
	Georgia Policicchio	TS - Harbord	29.96	METRO REGION
	Lola Wachter	Riverside	29.94	WECSSAA 3
	Shelbee Agawa	NOKO	29.6	Sault Ste Marie
	Clara Steller	Lord Dorchester	29.53	WOSSAA
	Ellis Chua	Dunbarton (Pickering)	29.23	Durham 2
30	Atrin Golbabapour	YR St Robert	29.22	CENTRAL REGION
	Addisyn Nagel	Cayuga Secondary School (Cayuga)	29.13	CWOSSAA
	Giselle Schumacher	TN - Northview Heights	29.09	METRO REGION
	Avery Titus	Northern	28.8	LK Pre Meet 2
	Hailey Taekema	Emmanuel Christian High School	28.74	OCSSAA
	Jocelyn Mannapso	St. Theresa (Midland)	28.74	North GBSSA
	Natalie Pretty	Northern	28.64	WEST REGION
	Ava Recoskie	Bishop Smith	28.59	National Capital Classic Day 2
	Maggie Young	TS - Monarch Park	28.56	METRO REGION
	Abby Phillips	Saltfleet	28.55	SOUTH REGION
40	Jaime Nerlich	Bishop Strachan School (Toronto)	28.53	CISAA Sr
	Maya Concisom	Heart Lake (Brampton)	28.24	St Marcellinus
	Emilie Charron	YR ESC Renaissance	28.13	CENTRAL REGION
	Sophia Walentynowicz	Corpus Christi CSS (Burlington)	28.12	SOUTH REGION
	Zoey Dewagner	Sarnia Northern	27.76	LKSSAA
	Emily Harvey	Osgoode	27.76	NCSSAA
	Bia Lyra	St Thomas Community Christian School	27.75	OCSSAA
	Kollman, Summer	St. Michael	27.65	Forest City
	Lana Petkovic	Grand River	27.63	WCSSAA
	Ellie Thomson	Brock	27.56	EAST REGION
50	Mickera Cochrane	St Theresa	27.53	Bay of Quinte

Javelin	Junior Girls			
Rank	Name	School	Distance	Location
	Ella McCallum	Lambton Central	27.46	LKSSAA
	Brooke Devoe	NOSH	27.44	Sault Ste Marie
	Emily Wallace	LO Dunbarton	27.4	CENTRAL REGION
	Egan, Caitlin	Ashbury	27.1	NCSSAA
	Karolina Sagat	TD - Michael Power/St.Joseph	27.08	METRO REGION
	Naomi Camacho	Bishop Reding CSS	27	SOUTH REGION
	Emma Dion	Plantagenet	26.97	PRSSAA
	Samuel Veenstra	Clarke (Newcastle)	26.96	Durham 2
	Carter Gryglewicz	Dunbarton (Pickering)	26.91	Durham 2
60	Emma Cornea	Cameron Heights	26.89	WCSSAA
	Olivia Howes-Duval	Vankleek Hill CI	26.87	PRSSAA
	Elaina Wilson	SPSS	26.87	Kawartha
	Amari Woolery	Sinclair (Whitby)	26.85	Durham 2
	Leah Houghton	Guelph Cvi	26.58	CWOSSAA
	Claire Noble	Bishop Smith	26.53	National Capital Classic Day 2
	Robyn Fraser	Georgian Bay DSS (Midland)	26.5	North GBSSA
	Kayleigh Dahl	EL Crossley	26.46	Zone 3
	Kendall Smith	Corpus Christi CSS (Burlington)	26.44	St Marcellinus
	Emma Packard	Elliot Lake SS	26.38	Nipissing Invite
70	Ania Costache	Englehart (Englehart)	26.37	NEOAA
	Chloe Desloges	SHNB	26.35	NDA
	Piper Teya	Elmira	26.28	WCSSAA
	Kahara, Sofie	Canterbury	26.22	EAST REGION
	Katherine Rogers	LO Anderson	26.2	CENTRAL REGION
	Mimi Okeke	Assumption	26.17	WECSSAA 3
	Tanishq Komal	Cambridge International Academ (Whitby)	26.08	Durham 2
	Sidona Kahsay	St Mary's - Kitchener	26.04	D8
	Pankow, Grey	Thousand Islands	25.98	Bay of Quinte
	Mila Ramdas	The Woodlands (Mississauga)	25.8	ROPSSAA
80	Laruren Godfrey	Riverside	25.75	WECSSAA 3
	Addison Borman	Huron Heights	25.74	WCSSAA
	Gunit Bhangu	Harold M Brathwaite	25.72	SOUTH REGION
	Sydney Hunter	Holy Cross C	25.7	Hungerford
	Felix Ridgeway	TS - Riverdale	25.69	METRO REGION
	Sierrah Babcock	Stratford District	25.66	Huron Perth
	Sara Molano	SWCSS	25.6	Zone 4
	Sarah Nolan	Lambton Central	25.59	LKSSAA
	Kendal Hogan	Maxwell Heights (Oshawa)	25.53	LOSSA
	Payton Schiele	Brooklin (Brooklin)	25.53	
90	Brooke Moore	EL Crossley	25.52	Zone 3
	Bella Lewis	John McCrae	25.4	NCSSAA West
	Larche Macsweeney, Keira	St. Patricks Chs	25.38	LKSSAA
	Akshath Kanukolanu	Sinclair (Whitby)	25.26	Durham 2
	Harlyn King	NOSM	25.25	Sault Ste Marie
	Addy Pixley	Frontenac	25.22	KASSAA
	Braelen Brianceau	John F Ross	25.19	D4 / D10
	Eastyn Potvin	St Pat's	25.18	LKSSAA
	Walter Njuguna	Pickering (Ajax)	25.09	Durham 2
	Emma Flynn	Bishop Ryan Secondary School	25.02	SOUTH REGION
100	Bradish, Avery	Lord Dorches	25	Forest City

Shot Put	Senior Girls			
Rank	Name	School	Distance	Location
1	Bentley, Brooke	Chatham-Kent	13.23	LKSSAA
	Mykayla Scarlett	Richview	12.71	METRO REGION
	Samayaa Connell	Bramalea (Brampton)	12.58	St Marcellinus
	Coco Van Nynatten	West Niagara	12.09	Zone 4
	Rylan Stuart	R.S. McLaughlin (Oshawa)	12.04	Durham 1
	Amelia Slolkowsky	EL Crossley	11.5	Zone 3
	Gilbert, Sadie	Paul-Desmarais	11.4	NCSSAA
	Jenae Francis	West Humber	11.4	METRO REGION
	Amelia Siolkowsky	E. L. Crossley	11.35	SOUTH REGION
10	Sydney Johnson	Nicholson CC	11.25	Hungerford
	Abigail Francis	O'Neill (Oshawa)	11.02	LOSSA
	Bila, Tayla	Louis-Riel	10.95	UOttawa Invite 1
	Jasmine Broere	Kincardine	10.95	WEST REGION
	Ropp, Anna	St. Marys Dcvi	10.94	WEST REGION
	Kiersten Galloway	Loyalist	10.89	Hungerford
	Kristeena Green	O'Neill (Oshawa)	10.88	LOSSA
	Phoebe Onapajo	Etobicoke Arts	10.81	METRO REGION
	Aszzura Barnett	St. Martin (Mississauga)	10.6	ROPSSAA
20	Rylan Stuart	R.S. McLaughlin (Oshawa)	10.57	CENTRAL REGION
	Rachel Burns	St. Patricks CHS	10.52	WEST REGION
	Jessica Elford	Maxwell Heights (Oshawa)	10.49	LOSSA
	Terry Ann Thompson	Weston (Weston)	10.41	METRO REGION
	Annie Seagris	Sandwich	10.39	WECSSAA 2
	Madeline Mullin	Oakridge	10.36	WOSSAA
	Jelena Josipovic	St Joseph's Catholic	10.35	WECSSAA
	Lauren Livingston	E.J. Lajeunesse	10.3	WECSSAA
	Madilyn Lewis	Carleton Place	10.22	EAST REGION
30	McKie, Sarah	St. Thomas A	10.14	Forest City
	Molly Anderson	Catholic Central	10.03	WEST REGION
	Chidera Emeka	St Joan of Arc	10	Father Redmond
	Daniella Kinoshi	King's Christian Collegiate	10	SOUTH REGION
	Kayla Tanayah Ducasse	Sinclair (Whitby)	9.97	LOSSA
	Dezan, Marissa	Perth	9.95	EAST REGION
	Sannerike Bons	Thomas Aquinas	9.93	EAST REGION
	Chiamaka Omeze	St Edmund Campion (Brampton)	9.82	SOUTH REGION
	Naomi Hall	Port Credit (Mississauga)	9.81	ROPSSAA
40	Hailey Fennema	Orchard Park	9.79	HWIAC
	Inioluwa Ola	John McCrae	9.79	EAST REGION
	Julia Bingeman	Rockway Mennonite	9.76	WEST REGION
	Jaime Beazer	Northview Heights	9.71	METRO REGION
	Marissa Bullock	Holy Cross	9.7	Hungerford
	Malaya Ennis	St. Martin (Mississauga)	9.64	Ridin Turbo
	Ava Leveillee	Lepss	9.64	SDSSAA
	Blight, Payton	St. Marys Dcvi	9.6	Woodstock
	Charisa Okeke	Assumption College School	9.6	Lancer Prep
50	Mackenzie Whitehouse	St Thomas More	9.59	SOUTH REGION
	Breanna Levesque	Notre Dame C	9.54	UOttawa Invite 1
	Emma Culin	SHNB	9.51	NDA
	Averi Lemay	GB Twin Lakes	9.51	CENTRAL REGION
	Lianne Bons	STA, Lindsay	9.5	EAST REGION

Shot Put	Senior Girls			
Rank	Name	School	Distance	Location
	Kayiesha Thomas	Marymount Academy	9.47	SDSSAA
	Jaida Hitchman	GB Maple Ridge	9.47	CENTRAL REGION
	Charley Pollock	Englehart (Englehart)	9.46	NEOAA
	Ava Morrow	St. Joan of Arc (Barrie)	9.44	South GBSSA
	Calee Chaplin	Blenheim District High School	9.43	Lancer Prep
	Breslyn Banks	Sandwich Secondary	9.4	WECSSAA
	Cristina Peredery	Heart Lake (Brampton)	9.38	ROPSSAA
	Reese Reid	Our Lady of Mount Carmel (Mississauga)	9.36	ROPSSAA
	Audrey Thompson	Perth and District	9.35	EAST REGION
60	Alyson Atemefah	St Augustine (Brampton)	9.33	Colts/Warriors
	Danilynn Agbonaye	Woodland Christian High School	9.32	OCSSAA
	Praise Majemite	Brockville C	9.29	LGSSAA
	Temidire Osinuga	Enss	9.28	Bay of Quinte
	Abigail Collins	Vincent Massey Secondary	9.28	WECSSAA
	Veronica Mancini	Robert F. Hall (Caledon)	9.27	St Marcellinus
	Anna Pastoor	Providence Reformed Collegiate	9.24	OCSSAA
	Kaiya Hlady	I'Essor	9.23	Lancer Prep
	Tori Riordan	St Benedict	9.22	D8
	Ethan Larmond	St Mother Teresa	9.19	METRO REGION
70	Taylo Vanhooydonk	North Middlesex	9.17	WOSSAA
	Mujgan Sameh	Woodbridge College (Woodbridge)	9.14	York Region Indoor
	Kate Woo	Waterdown	9.14	HWIAC
	Cora Smith	Laurel Heights	9.12	Track Wars
	Joelle Cox	Notre Dame (Ajax)	9.1	Durham 1
	Olivia Vandyk	Heritage Christian School	9.1	OCSSAA
	Madeline Price	Brooklin (Brooklin)	9.08	Durham 1
	Josephine Pascetta	Bishop Allen Academy (Etobicoke)	9.08	John Rowland
	Isabelle Stirk	St Theresa Css	9.04	Bay of Quinte
	Amanda Hojjataoleslami	YR Newmarket	9.02	CENTRAL REGION
80	Folu Motunde	AB Lucas	9.01	Woodstock
	Eden Sinnett	St Marys Dcvi	8.99	WOSSAA
	Mackenzie Lloyd	YR Sacred Heart	8.99	CENTRAL REGION
	Megan Zucker	Ashbury	8.99	EAST REGION
	Tamara McLean	Leamington D S S	8.98	WECSSAA
	Daniela Obazee	James Cardinal M	8.96	Andre Hamilton
	Deborah Bwana	College Cat	8.95	NCSSAA East
	Maisara Richard	Saint Lawrence	8.94	SDGAA
	Alana Kutama	Regiopolis	8.93	Hungerford
	Haylie Hancock	Sandwich Secondary	8.93	WECSSAA
90	Eghosasere Ehioghiren	Cardinal Ambrozic CSS (Brampton)	8.93	ROPSSAA
	Aidann Dieleman	Chatham Christian	8.92	LKSSAA
	Keira Mumford	Riverside Secondary School	8.9	WECSSAA 2
	Jordan Thompson	Cornwall	8.89	Limestone Legacy
	Monica Giovenco	St Marcellinus (Mississauga)	8.85	St Marcellinus
	Lillian Yap	Pickering (Ajax)	8.81	Durham 1
	Jordan Blondin	Franco-Ouest	8.8	NCSSAA West
	Dorie Tesseyman	Saunders	8.8	WOSSAA
	Brennan McNeil	Guido deBres	8.79	OCSSAA
	Aleah Becker	John Diefenbaker	8.79	Bluewater
100	Cameron O'Daiskey	Baccss	8.78	SDSSAA

Discus	Senior Girls			
Rank	Name	School	Distance	Location
1	Coco Van Nynatten	West Niagara	42.57	SOUTH REGION
	Madeline Mullin	Oakridge Oaks	42.07	WEST REGION
	Sydney Johnson	Nicholson CC	40.03	Hungerford
	Jasmine Broere	Kincardine	38.74	WEST REGION
	Terry Thompson	Weston	37.43	TDSSAA South & West
	Phoebe Onapalo	Etobicoke Arts	37.38	METRO REGION
	Jenae Francis	West Humber	37.3	METRO REGION
	Reese Reid	Our Lady of Mount Carmel (Mississauga)	36.8	SOUTH REGION
	Samayaa Connell	Bramalea (Brampton)	36.78	St Marcellinus
10	Blight, Payton	St. Marys Dcvi	35.67	Huron Perth
	Mykayla Scarlett	Richview	35.5	TDSSAA South & West
	Emilia Majos	St. Joan of Arc (Mississauga)	35.23	ROPSSAA
	Selena Will	Medway	34.21	TVRA
	Lauren Livingston	E.J. Lajeunesse	33.34	WECSSAA
	Tatum McGlynn	Sinclair (Whitby)	33.1	LOSSA
	Scott-Fleming, Adair	Laurel Heights	33.07	WEST REGION
	Amberlynn Tiaga	All Saints (Whitby)	32.61	Durham 1
	Madilyn Lewis	Carleton Place	32.55	EAST REGION
20	Isabella Currie	Port Credit (Mississauga)	32.51	SOUTH REGION
	Neila Cesar	Centennial	32.48	SOUTH REGION
	Emma Culin	Scollard Hall	32.17	NDA
	Sophia Pereira	Our Lady of Mount Carmel (Mississauga)	31.96	SOUTH REGION
	Tori Riordon	St Benedict	31.32	CWOSSAA
	Nyah Robinson	Scc	31.01	SDSSAA
	Josie Wilkinson	Brock	30.66	Kawartha
	Danica Colquhoun	Centennial	30.63	Zone 3
	Aurora Brydson	St Mary's (Cobourg)	30.51	EAST REGION
30	Rogers, Hannah	St. Patricks Chs	30.34	LKSSAA
	Olivia deMunnik	GB St. Theresa	30.02	CENTRAL REGION
	Easton Fournier	Centennial	29.98	SOUTH REGION
	Erika Vander Wilp	Qchs	29.9	EAST REGION
	Abigail Collins	Vincent Massey Secondary	29.62	Lancer Prep
	Butryn, Izabela	Mother Teresa Catholic Seconda	29.53	WEST REGION
	Mackenzie Lloyd	YR Sacred Heart	29.39	CENTRAL REGION
	Ksenia Rungi-Ruston	Greater Fort Erie	29.36	Zone 3
	Ella McCarty	O'Gorman (Timmins)	29.13	NEOAA
40	Isabella Zenone	Bishop Ryan Secondary School	29.12	GHAC
	Rachael Lemire	Banting Memorial (Alliston)	28.95	South GBSSA
	Kailee Matthey	Holy Cross	28.89	KASSAA
	Brooke Bentley	Chatham Kent	28.86	LKSSAA
	Molly Anderson	Catholic Central	28.73	WEST REGION
	Aszzura Barnett	St. Martin (Mississauga)	28.7	ROPSSAA
	Chaplin, Calee	Blenheim Dis	28.69	Lambton Kent 1
	Kiersten Galloway	Loyalist	28.68	Limestone Legacy
	Burns, Rachel	St. Patricks	28.56	LKSSAA
50	Addisyn Veccia	Ursuline	28.16	LKSSAA
	Isabella Lago	Kitchener Waterloo	28.14	CWOSSAA
	Jillian Urie	Holy Cross	28.13	Kawartha
	Lillian Yap	Pickering (Ajax)	27.88	CENTRAL REGION
	Journey Day	White Pine	27.86	Sault Ste Marie

Discus	Senior Girls			
Rank	Name	School	Distance	Location
	Joelle Cox	Notre Dame (Ajax)	27.81	LOSSA
	Jaime Beazer	Northview Heights	27.76	Andre Hamilton
	Cheyenne Degeer	HHSS	27.57	Kawartha
	Aviah Bramer	Holy Trinity	27.48	CWOSSAA
	Averi Lemay	Twin Lakes (Orillia)	27.45	St Theresa's
	Jelena Josipovic	St Joseph's Catholic	27.34	WECSSAA
	Jordan Thompson	Cornwall	27.33	Limestone Legacy
	Makayla Wilson	Ursuline	27.22	LKSSAA
	Hailey Shire	Craig Kielburger SS	27.22	GHAC
60	Alana Johnstone	NOSH	27.15	Sault Ste Marie
	Fatima Benadder	CI - Bishop Strachan School	27.15	METRO REGION
	Yesua Korka-Waadah	Immaculata	27.12	NCSSAA East
	Bronwyn Dales	EL Crossley	27.06	Zone 3
	Kayiesha Thomas	Marymount Academy	26.97	Nipissing Invite
	Farrow, Darah	East Elgin SS	26.91	Forest City
	Marianne Scully	Holy Cross	26.89	KASSAA
	Abby Brisco	Renfrew	26.7	EAST REGION
	Mullin, Madeline	Oakridge Oaks	26.53	Forest City
	Erin Stanbridge	Dunbarton (Pickering)	26.45	LOSSA
70	Tenesha Jaipaul	IE Weldon	26.45	Kawartha
	Kaizly Murray	NOWP	26.23	Sault Ste Marie
	Blessing Minsio Nseka	Saint Charles Garnier (Whitby)	26.19	LOSSA
	Jannat Randhawa	Central Peel SS (Brampton)	26.14	St Marcellinus
	Reece Laidlaw	East Elgin SS	26.12	TVRA
	Sadie Gilbert	Paul-DesMara	26.11	NCSSAA West
	Daniel, Hannah	Lambton Cent	26.1	CK Relays
	Eden Sinnett	St Marys DCVI	26.02	Huron Perth
	Ethan Larmond	St. Mother Teresa (Scarborough)	25.96	Colts/Warriors
	Gracie Harvey	Corpus Christi C.S.S.	25.95	GHAC
80	Lauren Stewart	Mother Teresa Catholic Seconda	25.93	WOSSAA
	Ralind Mallawa-Arachichi	St Anne's Css	25.86	Huron Perth
	Lianne Bons	STA, Lindsay	25.83	Kawartha
	Madyn Iwachniuk	Tagwi	25.8	National Capital Classic Day 2
	Joanna Schroder	Bear Creek S.S. (Barrie)	25.79	South GBSSA
	Abigail Francis	O'Neill (Oshawa)	25.75	LOSSA
	Hannah Cieslar	St. John's Kilmarnock (Breslau)	25.73	METRO REGION
	Brennan McNeil	Guido deBres	25.71	OCSSAA
	Daryn Brown	DSBN Academy	25.67	Zone 4
	Kelty D'Addazio	Guido deBres	25.64	OCSSAA
90	Loey Green	Georgian Bay	25.63	Bluewater
	Amelia Vyn	HCS	25.61	Zone 4
	Julia Bingeman	Rockway Mennonite	25.6	CWOSSAA
	Vandorst, Arianna	St. Thomas A	25.49	TVRA
	Megan Zucker	Ashbury	25.48	NCSSAA East
	Katie Heath	Banting	25.39	TVRA
	Elyse Clouthier	SPSS	25.33	Kawartha
	Monica Giovenco	St Marcellinus (Mississauga)	25.32	ROPSSAA
	Jenna Collings	Almaguin Highlands (South River)	25.3	North GBSSA
	Courtney Vis	Emmanuel Crhistian	25.26	CWOSSAA
100	Isabella Sprogis	Villanova College (King City)	25.25	CISAA Sr

Discus	Senior Girls					
Rank	Name	School			Distance	Location
	9 #469 Molly Anderson	Catholic Central	26.81m	28.73m		

Javelin	Senior Girls			
Rank	Name	School	Distance	Location
1	Kana, Taylor	East Elgin SS	46.12	Forest City
	Mikayla Grant	R.S. McLaughlin (Oshawa)	43.14	LOSSA
	Brook Ward	Sandwich	42.71	WEST REGION
	Kaitlyn Pepper	Tecumseh Vista Academy	42.27	WEST REGION
	Tatum McGlynn	Sinclair (Whitby)	42.02	LOSSA
	Annie Seagris	Sandwich	39.76	WEST REGION
	Guy, Rowan	Ursuline Col	38.38	LKSSAA
	Aimy Tanaka	St Aloysius Gonzaga (Mississauga)	38.08	SOUTH REGION
	Brennan McNeil	Guido deBres	37.9	OCSSAA
10	Sinnett, Eden	St. Marys Dcvi	36.67	WEST REGION
	Savannah Griffith	St David	36.32	D8
	Ella McCarty	O'Gorman - Timmins	36.27	Lancer Prep
	Zariah Chambers	Galt CVI	36.26	WEST REGION
	Coco Van Nynatten	West Niagara	36.14	SOUTH REGION
	Jaylynn Whitehead	Gananoque	35.93	LGSSAA
	Avery Voakes	Sandwich	35.91	WECSSAA 3
	Darah Farrow	East Elgin SS	35.71	WEST REGION
	Lillian Scott	Nelson High School	35.44	GHAC
	Reese Burleigh	Maple Ridge (Barrie)	35	CENTRAL REGION
20	Piper Stephenson	MacKenzie	35	EAST REGION
	Kayiesha Thomas	Marymount Academy	34.8	Nipissing Invite
	Goertz, Jamieson	Strathroy Sa	34.58	WOSSAA
	Kalia Rounding	St Joseph's Catholic	33.95	WECSSAA
	Sophie Woerner	Thousand Islands	33.64	LGSSAA
	Adele Doucet	ESCHearst (Hearst)	33.63	NEOAA
	Gracie Harvey	Corpus Christi CSS (Burlington)	33.46	St Marcellinus
	Kiana Taylor	St Edmund Campion (Brampton)	33.24	SOUTH REGION
	Avyree Sherman	Delhi	33.23	CWOSSAA
	Natasa Ljubicic	Orchard Park	33.12	HWIAC
30	Daniel Hannah	Lambton Central	33.08	LK Pre Meet 2
	Breslyn Banks	Sandwich	32.65	WECSSAA 3
	Lillian Yap	LO Pickering	32.54	CENTRAL REGION
	Erin Correa	All Saints (Whitby)	32.44	LOSSA
	Courtney Vander Ploeg	Renfrew	32.26	National Capital Classic Day 2
	Hazel Yaromich	GB Our Lady of the Bay	32.18	CENTRAL REGION
	Tobi (Oluwatobiloba) Ogundare	Brampton Centennial (Brampton)	32.14	St Marcellinus
	Hannah Vyn	Heritage Christian School	32.1	SOUTH REGION
	Kayla Gendron	Frontenac	31.67	Limestone Legacy
	Mateja Simic	St Anne High School	31.64	WECSSAA
40	Payton Blight	St Marys Dcvi	31.5	Huron Perth
	Mikalya Alleyne-Joseph	St. Mother Teresa (Scarborough)	31.44	Colts/Warriors
	Hannah Vyn	HCS	31.41	Zone 4
	Kailee Matthey	Holy Cross	31.33	EAST REGION
	Lola Girvan	Lisgar	30.98	NCSSAA
	Leah Covert	Frontenac	30.93	KASSAA
	Courtney Vis	Emmanuel Christian	30.9	D4 / D10
	Rachel Horner	Eastview (Barrie)	30.8	North GBSSA
	Stephanie Samborski	Simcoe	30.66	CWOSSAA
	Anika Fermin	Pickering (Ajax)	30.56	LOSSA
50	Zoe Toews	Erie Migration District School	30.55	WECSSAA
	Sarah-Leah Beylerian	Marc Garneau	30.51	Bay of Quinte
	Maria Atanasoei	Cathedral High School	30.33	SOUTH REGION
	Hannah Opalka	Thousand Islands	30.19	Hungerford

Javelin	Senior Girls			
Rank	Name	School	Distance	Location
	Rachel Burns	St Patricks Chs	30.15	LK Pre Meet 2
	Brooke Connors	Timiskaming (New Liskeard)	30.08	NEOAA
	Delena Bechtel	John Diefenbaker	30.05	CWOSSAA
	Kendra Nuguid	St. Mary	29.88	GHAC
	Rogers, Hannah	St. Patricks Chs	29.68	Lancer Prep
	Makayla Wilson	Ursuline Col	29.5	LKSSAA
60	Eden Barbour	Guelph Cvi	29.15	CWOSSAA
	Deelstra, Addison	Great Lakes	28.95	Lancer Prep
	Jillian Daguerre	Therault (Timmins)	28.93	NEOAA
	Jennings, Sienna	Ashbury	28.86	NCSSAA
	Katelyn Pfohl	Waterloo-Oxford	28.81	WCSSAA
	Aurora Brydson	St Mary's	28.76	EAST REGION
	Ziva Ware	Tagwi	28.73	SDGAA
	Maddie Martynshyn	Innisdale (Barrie)	28.68	CENTRAL REGION
	Sabrina Berger	Seigneurie	28.53	PRSSAA
	Phoebe Onapajo	Etobicoke Arts	28.53	TDSSAA South & West
70	Jocelyn Davidson	Listowel Dss	28.51	Huron Perth
	Avery Kelly	Brampton Centennial (Brampton)	28.36	Ridin Turbo
	Saryna Milne	Assumption College School	28.28	WECSSAA
	Emily Lush	St James	28.25	Debbie Miller
	Maggie Proulx	Medway	28	TVRA
	Cecilia Meade	NOSH	27.95	Sault Ste Marie
	Olivia deMunnik	St. Theresa (Midland)	27.84	St Theresa's
	Anne Haskell	North Park	27.84	CWOSSAA
	Rachel Romanko	St Joseph's Catholic	27.81	WECSSAA
	Lillian Abush	Brampton Centennial (Brampton)	27.8	St Marcellinus
80	Hailee Phelan	Stratford District	27.78	Huron Perth
	Georgia Fourkiotis	Saint Lawrence	27.77	SDGAA
	Ameliane Lacroix	Embrun	27.76	PRSSAA
	Élia Chirstensen	Nouvelle Alliance (Barrie)	27.75	South GBSSA
	Eva Codita	St. Mary (Pickering)	27.54	LOSSA
	Gallaughier, Sydney	Guelph Cvi	27.5	D4 / D10
	Journey Day	White Pine	27.47	Nipissing Invite
	Annabel Jouvstra	East Northumberland	27.47	EAST REGION
	Rachel Jeffery	EL Crossley	27.45	Zone 3
	Rachel Winklmeier	Sarnia Northern	27.35	LKSSAA
90	Delyth Tenthorey	Gloucester	27.27	National Capital Classic Day 2
	Adhara Collins Scholten	Waterloo CI	27.27	WCSSAA
	Reese Rutledge	GB Eastview	27.26	CENTRAL REGION
	Lucia Panschow	Glendale	27.21	WOSSAA
	Hewitt, Brooklyn	St. Joseph's	27.2	TVRA
	Sarah Weingartner	John F Ross	27.17	D4 / D10
	Sophia Fabro	TD - Michael Power/St.Joseph	27.08	METRO REGION
	Autumm Cyrus	Ajax (Ajax)	27.04	Durham 1
	Isabella Currie	Port Credit (Mississauga)	27	St Marcellinus
	Nyah Robinson	Scc	26.97	SDSSAA
100	Daniela Rodriguez Moya	Philip Pocock (Mississauga)	26.92	Ridin Turbo

Shot Put	Novice Boys			
Rank	Name	School	Distance	Location
1	Noah Vanneck	Chatham-Kent	14.45	LKSSAA
	Levi Huinink	College Ave	14.06	WEST REGION
	Cooper, Geoffrey	Pauline Johnson Cvs	13.97	Forest City
	Tua Esekia	Central Hastings	13.92	EAST REGION
	Tyler Goetz	Essex	13.49	WEST REGION
	Jordan Gillen	EL Crossley	13.45	Zone 3
	Teao, Mikian	Great Lakes	13.36	Lancer Prep
	Shane Patrick	Brock	13.11	EAST REGION
	Anthony Imianvan	St Edmund Campion (Brampton)	13.09	St Marcellinus
10	Max King	Lively	13.09	SDSSAA
	Gavin Solano	St Marcellinus (Mississauga)	13.06	SOUTH REGION
	Benjamin Schori	Bishop Smith	12.68	EAST REGION
	Theo Katsiris	Upper Canada College (Toronto)	12.67	CISAA Sr
	Fletcher Guillemette	Timiskaming (New Liskeard)	12.66	NEOAA
	Carter Louks	Dunnville	12.54	Debbie Miller
	Darius Bouchard	GB St. Joseph's	12.50	CENTRAL REGION
	Sean Hamill	Sarnia Northern	12.47	Lancer Prep
	Jhevon Hazel	Maxwell Heights (Oshawa)	12.47	LOSSA
20	Hall, Tommy	Hawkesbury	12.32	PRSSAA
	Myles Dehaney	Notre Dame (Ajax)	12.30	Durham 2
	Ben Butler	Cameron Heights	12.30	WCSSAA
	Tyke Yang	Jacob Hespeler	12.26	CWOSSAA
	Jaxon Quackenbush	St. Patricks CHS	12.26	WEST REGION
	Warner Hurst	Listowel	12.21	WEST REGION
	Max Teixeira	Danforth	12.10	METRO REGION
	Jayden Callens	Delhi	12.09	CWOSSAA
	Ethan Abbs-Roach	TD - St. Mother Teresa	12.06	METRO REGION
30	Joshua Kadiebue	Father Henry Carr (Toronto)	12.01	Lakeshore High-Octane
	Arnold, Mehkai	Parkside Collegiate	12.01	WEST REGION
	Karter Plney	Central Hastings	11.99	Bay of Quinte
	Broxton Adams	McKinnon Park	11.91	Debbie Miller
	Jake Pachas	TW - Lakeshore CI	11.89	METRO REGION
	Guillemette	Timiskaming	11.88	Nipissing Invite
	Isaiah Mcgann-Williams	St. Patricks CHS	11.88	LKSSAA
	Jeremi Marleau	Seigneurie	11.88	PRSSAA
	Dwayne Brown	Simcoe	11.86	CWOSSAA
40	Gryffen Brown	Brock	11.83	Kawartha
	John McGillen	West Niagara	11.83	Zone 4
	Abreal Okyere	Robert F. Hall (Caledon)	11.79	St Edmund Campion
	Dante Bergeron	Holy Trinity (Courtice)	11.77	Durham 2
	Dexter Mailloux	Scc	11.74	SDSSAA
	Bishop Dos Santos	LO Paul Dwyer	11.71	CENTRAL REGION
	Matthias Girolametto	St David	11.70	D8
	Aurel Wi Tatsitsa Zofou	Louis-Riel	11.69	EAST REGION
	Adam Van Grinsven	Clarke Road	11.68	WEST REGION
50	Louis Bastien	Pierre Savard	11.65	EAST REGION
	Rowen Duffy	Stayner (Stayner)	11.63	North GBSSA
	Justin Trotto	YR Cardinal Carter	11.61	CENTRAL REGION
	Pascal Harry-Kamsseu	LO Holy Trinity	11.61	CENTRAL REGION
	Osborne, Cooper	Great Lakes	11.56	LKSSAA

Shot Put	Novice Boys			
Rank	Name	School	Distance	Location
	Kotter Grove	TASS	11.56	Kawartha
	Robert Duncan	Montcalm	11.55	Woodstock
	Moshood Adeleye	Sbcss	11.55	SDSSAA
	Stevens, Aaron	St. Joseph's	11.52	Forest City
	Drayden Larocque	Dunnville	11.50	Debbie Miller
	Carson Jolicouer	St Patricks	11.50	LKSSAA
	Zac Scale	Thousand Islands	11.47	EAST REGION
	Boden Hlady	Belle River	11.44	WECSSAA
	Deacon Connolly	Stamford	11.44	SOUTH REGION
60	Matthew Xu	St. Andrew's College (Aurora)	11.40	CISAA Sr Indoor
	Nathan Ives	St. Thomas Aquinas	11.37	GHAC
	Drake Scott Provost	Samuel-Genes	11.35	NCSSAA East
	Vance Hallman	Waterloo-Oxford	11.32	WCSSAA
	Luca Tibbits	St. Joseph's (Barrie)	11.29	North GBSSA
	Shawn Edwards	Catholic Central	11.28	WEST REGION
	Abir Gangal	Bayview Glen (Don Mills)	11.26	CISAA Sr
	Maddox Ryerson	Holy Names	11.19	CWOSSAA
	Simon Kasper	La Citadelle	11.18	SDGAA
	Lucas Tuckey	Sandwich	11.18	WECSSAA
70	Daniel Campbell	Holy Trinity	11.16	SOUTH REGION
	Rakesh Rajakulathilakan	Harold M Brathwaite (Brampton)	11.11	St Marcellinus
	Lincoln Edwards	Loyola (Mississauga)	11.11	St Edmund Campion
	Jaxon Graf	Timmins (Timmins)	11.10	NEOAA
	Kirby Joseph	Kennedy Collegiate	11.09	WECSSA 1
	Jayden Murphy	St Roch (Brampton)	11.07	St Marcellinus
	Connor Wilkinson	Westmount	11.07	HWIAC
	Emy Agwu	TD - Chaminade College	11.07	METRO REGION
	Alex Sawyer	Gloucester	11.07	EAST REGION
	Daniel Aboloje	TD - Chaminade College	11.06	METRO REGION
80	Leitch, Levi	Great Lakes	11.04	Forest City
	Twigge, Kane	West Carleton	11.03	NCSSAA West
	Braydon Baronette	Scc	11.03	SDSSAA
	Shafeeq Odekunle	St. Basil The Great (Weston)	11.01	METRO REGION
	Owen Rousseau	Erie Migration	11.00	WECSSAA
	Ethan Hollemans	Heritage Christian School	10.99	Zone 4
	Omar Atieh	Hillcrest	10.98	UOttawa Invite 1
	Xander Ameyaw	Notre Dame (Brampton)	10.98	St Edmund Campion
	Noah Ray	GB St. Theresa	10.98	CENTRAL REGION
	William Walhan	Heritage Christian School	10.97	SOUTH REGION
90	Alex LeBlanc	E.J. Lajeunesse	10.96	WECSSAA
	Brody Houser	Dunnville	10.95	Debbie Miller
	Daniel Melekwe	King's Christian Collegiate	10.95	OCSSAA
	Andrew McGrath	Richview (Islington)	10.94	METRO REGION
	Christien Fitzmorris	Assumption	10.91	Debbie Miller
	Dante Diorio	Chippewa	10.91	Nipissing Invite
	Isaac Egbuedo	Brampton Christian	10.90	OCSSAA
	Xavier Ameyaw	Notre Dame (Brampton)	10.90	St Marcellinus
	Joshua Oboasekhi	Redeemer	10.89	UOttawa Invite 2
	Thomas Mesfin	St. John H Newman (Scarborough)	10.89	Father Redmond
100	Coben McIntyre	Bishop Ryan Secondary School	10.89	GHAC

Discus	Novice Boys			
Rank	Name	School	Distance	Location
1	Arnold, Mehkai	Parkside Collegiate	46.35	WEST REGION
	Stuart deMunnik	St. Theresa (Midland)	44.23	St Theresa's
	Noah Vanneck	CK	43.86	WEST REGION
	Luke McDonald	Sacred Heart	42.7	WEST REGION
	Sam Ragogna	Stratford District	40.48	WEST REGION
	Jordan Gillen	EL Crossley	39.67	SOUTH REGION
	Gavin Solano	St Marcellinus (Mississauga)	38.98	St Marcellinus
10	Gabriel Nieznalski	Philip Pocock (Mississauga)	38.77	SOUTH REGION
	Keaton Bokma	Stamford	38.46	SOUTH REGION
	Evan Aucoin	Bishop Allen Academy (Etobicoke)	38.31	METRO REGION
	Luke Gruppe	Haliburton	38.17	EAST REGION
	Benjamin Schori	Bishop Smith	37.94	EAST REGION
	Theo Katsiris	Upper Canada College (Toronto)	37.8	METRO REGION
	Jaxon Graf	Timmins (Timmins)	37.79	NEOAA
	Ethan Yeung	Bayview Glen (Don Mills)	37.5	CISAA Sr
	Boden Hlady	Belle River	37.19	WECSSAA
	Bradley Purves	St Patrick	37.07	NCSSAA
	Rakesh Rajakulathilakan	Harold M Brathwaite (Brampton)	36.84	SOUTH REGION
	Joshua Kadiebue	TD - Father Henry Carr	36.77	METRO REGION
	Gabriel Barreno	Anderson (Whitby)	36.69	LOSSA
	Owen Snider	Bishop Ryan Secondary School	36.69	SOUTH REGION
	Anderw Christiansen	East Northumberland	36.51	EAST REGION
	Parker Pieffers	Emmanuel Christian High School	36.11	OCSSAA
	Vance Hallman	Waterloo-Oxford	36.06	CWOSSAA
20	Keegan Ritchie	Saugeen	35.93	Bluewater
	Fletcher Guillemette	Timiskaming (New Liskeard)	35.8	NEOAA
	Lucas Nasser	Riverdale	35.49	METRO REGION
	Jayden Coligan	St Mary Chs	35.4	LGSSAA
	Dexter Mailloux	Scs	34.97	SDSSAA
	Rodney DeVries	Woodland Christian High School	34.96	OCSSAA
	Kelvin Johnson	Thorold	34.9	Zone 4
	Ben Schmidt	St Joseph - O	34.85	National Capital Classic Day 2
	Ayden Lorch	Sacred Heart	34.5	WEST REGION
	Cole Mielniczuk	TD - Neil McNeil	34.37	METRO REGION
30	Luther Hofsink	Guido deBres	34.31	HWIAC
	McKinlay, Nolan	Great Lakes	34.09	Lancer Prep
	Colin Markell	La Citadelle	33.92	SDGAA
	Keiran McCullough	Renfrew	33.9	EAST REGION
	Keenan Schnarr	East Elgin	33.66	WOSSAA
	Leo Radtke-Harris	West Niagara	33.62	SOUTH REGION
	Claudius Jr Campbell	Brampton Centennial (Brampton)	33.33	ROPSSAA
	Henry Johnson	Banting	33.2	WEST REGION
	Charlie Bylaard	Upper Canada College (Toronto)	33.1	METRO REGION
	Sean Hamill	Northern	33.01	CK Relays
	Sawyer Miller	LO Holy Trinity	32.94	CENTRAL REGION
	Jackson Dodridge	Centennial	32.84	SOUTH REGION
	Warner Hurst	Listowel	32.8	WOSSAA
	Ekjot Sangha	YR Woodbridge College	32.71	CENTRAL REGION
	Ranbir Aulakh	Brampton Christian	32.62	OCSSAA
50	Tua Esekia	Central Hasting	32.56	Bay of Quinte
	Pascal Harry-Kamsseu	LO Holy Trinity	32.53	CENTRAL REGION

Discus	Novice Boys			
Rank	Name	School	Distance	Location
	Yusef El-Aloul	Southwood	31.7	CWOSSAA
	William Walhan	HCS	31.63	Zone 4
	Jayden Farnell	Quinte Christian	31.48	EAST REGION
	Ysebaert, Tucker	Great Lakes	31.39	LKSSAA
	Cain Solomon	Gananoque	31.35	Limestone Legacy
	Justin Trotto	Cardinal Carter (Aurora)	31.33	York Region
	Maxime Carriere	Beatrice Des	31.31	NCSSAA
	Andrew McGrath	Richview	31.3	TDSSAA South & West
60	Brayden Hargot	Bishop Ryan Secondary School	31.2	GHAC
	Simon Kasper	La Citadelle	31.19	SDGAA
	Jahaan Brar	Mentor College (Mississauga)	31.13	ROPSSAA
	Jacob Blundon	Brock	31.1	EAST REGION
	Luke Cowan	Richview	30.86	TDSSAA South & West
	Levi Argueta	Bramalea (Brampton)	30.84	St Marcellinus
	Nolan King	Kincardine	30.74	CWOSSAA
	Ahmad Haidar	ES de Lamothe-Cadillac	30.63	Lancer Prep
	Roman Gaffan	St Joseph's Catholic	30.57	WECSSAA
	Robert Duncan	Montcalm	30.49	WOSSAA
70	Alex McDonald	Timiskaming (New Liskeard)	30.26	NEOAA
	Maxim Matiichuk	Philip Pocock (Mississauga)	30.22	Ridin Turbo
	Myles Dehaney	Notre Dame (Ajax)	30.18	LOSSA
	Nolan Wilson	Medway	30.14	TVRA
	Antonio Duran	St Joseph's Catholic	30.13	WECSSAA 3
	Rhys Bagshaw	Almonte	30.1	National Capital Classic Day 2
	Bishop Dos Santos	Paul Dwyer (Oshawa)	30.05	Durham 2
	Congdon, Brady	Parkside Collegiate	30.04	TVRA
	Dante Bergeron	Holy Trinity (Courtice)	29.95	Durham 2
	Zane Scrivin	Holy Trinity	29.95	SDGAA
80	Dakin Andres	Bishop Allen Academy (Etobicoke)	29.94	St Marcellinus
	Illia Plysenko	YR ESC Pape-Francois	29.84	CENTRAL REGION
	Christopher Oketch	St Marcellinus (Mississauga)	29.82	ROPSSAA
	Nathan Huang	Mentor College (Mississauga)	29.78	ROPSSAA
	Keith Kerr	Sydenham	29.67	KASSAA
	Finn Spence	Saunders	29.67	WOSSAA
	Adam Klotz-Foglietta	St. Jean de Brebeuf	29.46	SOUTH REGION
	Ashton Boudreault	Timiskaming	29.43	Nipissing Invite
	Halburt Zhang	TE - Dr Norman Bethune	29.43	METRO REGION
	Owen Berger	Sandwich	29.41	WECSSAA
90	Colton Brown	Norwood	29.34	Kawartha
	Hersh Halparin	St Mary's	29.33	Kawartha
	Nathaniel Vandenberg	Heritage Christian School	29.29	Zone 4
	Jordan Mangal	St. Martin (Mississauga)	29.29	ROPSSAA
	McMahon, Patrick	Mother Teres	29.25	Lancer Prep
	Solomon Bulley	Hillfield-Strathallan (Hamilton)	29.23	Ridin Turbo
	Cam Wakelin	CWSS	29.19	NDA
	Chase Baronette	Scc	29.16	SDSSAA
	Rowen Duffy	Stayner (Stayner)	29.04	North GBSSA
	Brady Wellington	Great Lakes Secondary School	29.03	LKSSAA
100	Christien Fitzmorris	Assumption	28.94	Debbie Miller

Javelin	Novice Boys			
Rank	Name	School	Distance	Location
1	Jarred Rathwell	St Joseph's - R	47.78	EAST REGION
	Max Teixeira	Danforth	44.91	TDSSAA South & West
	Brendan Lanigan	Regiopolis	44.36	EAST REGION
	Jonah Vandenberg	Smithville Christian High	44.05	OCSSAA
	Andrew Crotty	Thousand Islands	43.59	EAST REGION
	Cole Mielniczuk	TD - Neil McNeil	43.36	METRO REGION
	Reid Hutton	Kitchener-Waterloo	43.14	WEST REGION
	Ben Partlow	St Mary's	43.06	EAST REGION
	Sean Hamill	Northern	42.78	WEST REGION
	Hunter Collee	ND Welland	42.75	SOUTH REGION
10	Kotter Grove	TASS	42.44	EAST REGION
	Bradley Purves	St Patrick	42.21	EAST REGION
	Quinn Rungi-Ruston	Greater Fort Erie	41.7	Zone 3
	Samuel Xia	Dr. Norman Bethune (Scarborough)	41.43	METRO REGION
	Ashton Boudreault	Timiskaming (New Liskeard)	41.08	NEOAA
	Remi Lacroix	Embrun	40.9	PRSSAA
	Andrew Christiansen	East Northumberland	40.7	EAST REGION
	Ben Schmidt	St Joseph - O	40.68	National Capital Classic Day 2
	Benjamin Schori	Bishop Smith	40.39	National Capital Classic Day 2
	Librach, Finley	Colonel By	40.19	EAST REGION
20	Taha Melhim	Dundas Valley	40.07	HWIAC
	Vince Mao	Catholic Central	40.06	TVRA
	Tyson Neiser	Dundas Valley	39.91	HWIAC
	Luther Hofsink	Guido deBres	39.86	HWIAC
	Kyle Mottram	Richview	39.7	METRO REGION
	Sean Conway	LO All Saints	39.38	CENTRAL REGION
	Austin Korten	Delhi	39.23	CWOSSAA
	Kai Tope	St. Patrick's Catholic H.S.	38.89	LKSSAA
	Ekjot Sangha	YR Woodbridge College	38.54	CENTRAL REGION
	Lincoln Parent	Lo-Ellen Park SS	38.43	Nipissing Invite
30	Jawad Darwiche	Riverside Secondary School	38.4	WECSSAA
	Rakesh Rajakulathilakan	Harold M Brathwaite (Brampton)	38.3	SOUTH REGION
	Stuart deMunnik	GB St. Theresa	38.18	CENTRAL REGION
	Reid Watson	St Marys Dcvi	38.1	WEST REGION
	Brock Stonham	St Joseph's - R	38.06	National Capital Classic Day 2
	Isaiah McGann-Williams	St Patrick's	37.96	LKSSAA
	Wesley Brennan	Bayridge	37.94	KASSAA
	Carson McDonald	Timiskaming (New Liskeard)	37.61	NEOAA
	Jordan Gillen	EL Crossley	37.58	Zone 3
	Mehkai Arnold	Parkside Collegiate	37.26	WEST REGION
40	Dylan Bakker	Heritage Christian School	37.13	Zone 4
	Thomas Koszegi	Sandwich Secondary	37.04	WECSSAA
	Andrew Cutty	Thousand Islands	36.95	Hungerford
	Benjamin Harman	Strathroy	36.92	WEST REGION
	Kieran Campbell	Monarch Park (Toronto)	36.82	METRO REGION
	Mason Wright	Burlington Central High School	36.41	SOUTH REGION
	McKinlay, Nolan	Great Lakes	36.3	Lancer Prep
	Dittmer, Dan	St. Marys Dcvi	36.28	Huron Perth
	Jaydin Roper	GB Elmvale	36	CENTRAL REGION

Javelin	Novice Boys			
Rank	Name	School	Distance	Location
50	Nathan Ives	St. Thomas Aquinas	35.98	GHAC
	Tomas Amyot	L'Escale	35.97	National Capital Classic Day 2
	Cole Weyers	Stratford District	35.97	Huron Perth
	Hayden Roy	Timmins (Timmins)	35.95	NEOAA
	Noah Ray	GB St. Theresa	35.94	CENTRAL REGION
	Aiden Brault	Ridgemont	35.86	NCSSAA
	Preston Zufelt-McCulloch	Gananoque	35.66	LGSSAA
	Rivera, Declan	St. Anne's Css	35.47	Huron Perth
	Joshua Pauls	LO RS McLaughlin	35.42	CENTRAL REGION
	Sam Ragogna	Stratford District	35.29	Huron Perth
60	Liam Stevens	Central Peel SS	35.04	SOUTH REGION
	Campbell, Colton	St. Michael	35.02	Huron Perth
	Leon Sauve	Scc	35.02	SDSSAA
	Shamus Cochrane	NOWP	35	Sault Ste Marie
	Noah Allison	Catholic Central	34.98	TVRA
	Mathias Boisvert	Vankleek Hill CI	34.98	PRSSAA
	Philip Shih	Lambton Central	34.96	Lancer Prep
	Bishop Dos Santos	Paul Dwyer (Oshawa)	34.96	LOSSA
	Merik Renaud	Eslh	34.94	SDSSAA
	John McGillen	West Niagara	34.85	Zone 4
70	Alexander Poitras	LO St Charles Garnier	34.8	CENTRAL REGION
	Christien Fitzmorries	Assumption	34.79	CWOSSAA
	Cody Bernier	Holy Trinity	34.72	SDGAA
	Nathan Marcotte	Rideau District	34.62	LGSSAA
	Ryan Fomuso	Gloucester	34.59	National Capital Classic Day 2
	Jaehwan Sim	Laurel Hieghts	34.56	WEST REGION
	Jarden Coligan	St Mary	34.38	National Capital Classic Day 2
	Jonathan Wong	Laurel Hieghts	34.34	WCSSAA
	Keagan Spoelstra	Guido deBres	34.08	HWIAC
	Cain Solomon	Gananoque	33.9	Hungerford
80	Chase Schilstra	Smithville Christian High	33.87	OCSSAA
	Max Leider	GB Collingwood CI	33.86	CENTRAL REGION
	Maxime Carriere	Beatrice Des	33.81	NCSSAA
	Alvin Han	Longfields	33.74	NCSSAA
	Easton Cross	Lambton Kent	33.68	Lancer Prep
	Linkin Martin	Holy Cross	33.41	KASSAA
	Tyler Schaafsma	London Christian	33.4	TVRA
	Bryston Nixon	Baccss	33.37	SDSSAA
	Brown, Ferris	Almonte	33.32	National Capital Classic Day 2
	Blake MacKenzie	Maplewood	33.21	National Capital Classic Day 1
90	Owen Kelly	Carleton Place	33.13	Limestone Legacy
	Drayden Meyer	ALNB	33.02	NDA
	Luke Cowan	Richview	32.96	TDSSAA South & West
	Samuel Cabral	Brampton Christian	32.95	OCSSAA
	Eamon Baarda	Bramalea (Brampton)	32.88	ROPSSAA
	Connor Middleton	Riverdale	32.87	TDSSAA South & West
	Mikian Teao	Great Lakes Secondary School	32.82	LKSSAA 3
	Jack Phippen	Timiskaming (New Liskeard)	32.81	NEOAA
	Andrew Frey	Kitchener-Waterloo	32.65	WEST REGION

Javelin	Novice Boys			
Rank	Name	School	Distance	Location
	Allen Li	Earl of March	32.48	National Capital Classic Day 2
100	Hugo Chow	TN - Northview Heights	32.44	METRO REGION

Shot Put	Junior Boys			
Rank	Name	School	Distance	Location
1	Austin Minarik	Esc Theriault	15.65	Nipissing Invite
	Finne O'Leary	Banting	15.89	WEST REGION
	Jeremy Lennips	Russell	15.21	EAST REGION
	Colens Desardouin	College Cat	15.01	NCSSAA
	Galen Hudel	St David	15.71	WEST REGION
	Mitchell Jibb	Bracebridge & Muskoka Lakes (Braceb	14.92	North GBSSA
	Ty Allen	St Marcellinus (Mississauga)	14.82	SOUTH REGION
	Abdulrahman Ramos	St Augustine (Brampton)	14.79	ROPSSAA
	Tijn Duijsters	Strathroy	14.44	TVRA
10	Onasanya, Rex	Mother Teres	14.41	Forest City
	Landon Middleton	Ernestown	14.38	Limestone Legacy
	Drew Fennema	Dundas Valley	14.38	SOUTH REGION
	Elisha Agyeman	TD - Father Henry Carr	14.29	METRO REGION
	Daniel Hansen	Cardinal Leger (Brampton)	14.29	SOUTH REGION
	Trent Raftis-Munroe	Holy Cross C	14.16	KASSAA
	Anderson daSilva	LO Pickering	13.88	CENTRAL REGION
	Maison Newman	Belle River	13.87	Lancer Prep
	Ryan Perrone	Sandwich Secondary	13.97	WEST REGION
20	Reid Grant	TD - Neil McNeil	13.82	METRO REGION
	Lane Lemay	St Michael Chs	13.75	Hungerford
	Kunstadt-Landon, Marcus	Ashbury	13.66	NCSSAA
	Silk, Daniel	Great Lakes	13.61	Forest City
	Parker Baetz	Holy Trinity	13.61	NCSSAA West
	Alijandro Isa Sinclair	TD - James Cardinal McGuigan	13.61	METRO REGION
	Mac Adams	Barrie North (Barrie)	13.58	South GBSSA
	Tim Herman	GB Collingwood CI	13.58	CENTRAL REGION
	Simeon King	Eden	13.56	Zone 4
30	Alekzandro Cuning	St Patrick	13.48	NCSSAA East
	Ty Taylor	St Mother T	13.36	NCSSAA West
	Yoosuf Majekodunmi	St Augustine (Brampton)	13.36	SOUTH REGION
	Marco Fronte	Robert F. Hall (Caledon)	13.35	St Edmund Campion
	Kayden Bromfield	Saugeen	13.35	CWOSSAA
	Blake Livingston	E.J. Lajeunesse	13.34	WECSSAA
	Declan Cowan	Frontenac	13.31	KASSAA
	Ewan Smith	Chaminade College (Toronto)	13.29	SMC Snowball Relays
	Joshua Reynolds	Jacob Hespeler	13.26	WCSSAA
40	James Kellar	Gananoque	13.21	LGSSAA
	Trevor Murphy	Belle River	13.31	WEST REGION
	Matthew Zurawik	Michael Power/St.Joseph (Etobicoke)	13.13	St Marcellinus
	Ervin Javidi	Woodbridge College (Woodbridge)	13.13	York Region Indoor
	Rahim Simms	LO Pickering	13.13	CENTRAL REGION
	Ethan Nay	GB Eastview	13.11	CENTRAL REGION
	Dante Ifeanacho	TN - A Y Jackson	13.09	METRO REGION
	Wisdom Jesurobo	TD - Chaminade College	13.02	METRO REGION
	Peddie, Colton	Osgoode	13	Ravens Relays
50	Deforge, Jamie	St John	12.99	National Capital Classic Day 2
	Ben Gribinov	AY Jackson	14.22	EAST REGION
	Jesse Lilles	TS - Riverdale	12.98	METRO REGION
	Cole Catley	Bruce Peninsula	12.97	CWOSSAA
	Raine Bradley	CWSS	12.95	NDA
	McGregor, Donovan	St. Marys Dcvi	12.94	Woodstock
	Ethan Fernley	Corpus Christi CSS (Burlington)	12.93	St Marcellinus
	Jared Friesen	Governor Simcoe	12.92	SOUTH REGION

Shot Put	Junior Boys			
Rank	Name	School	Distance	Location
	Sebastian Chalifour	St Michael Chs	13.15	EAST REGION
	Zach Carter	Elmira	12.88	WCSSAA
	Jayden Agberodiola	Father Henry Carr (Toronto)	12.86	SMC Snowball Relays
	Leo De Laurentiis	Birchmount Park (Scarborough)	12.85	Father Redmond
	Connor Monahan	Lo-Ellen Park SS	12.83	Nipissing Invite
	James Douglas	IE Weldon	12.79	Kawartha
60	Andrew Fleming	LO Pickering	12.78	CENTRAL REGION
	Eric Patterson	Essex	12.72	WECSSA 1
	Zack Naish	Holy Trinity (Courtice)	12.71	
	Cedar Montreuil	SHNB	12.71	NDA
	Ajax Smith	Sandwich	12.7	WECSSAA
	Trent Ostapyk	St Mark	12.65	NCSSAA West
	Mullen, Drew	Great Lakes	14.08	WEST REGION
	Jamison Helps	Lambton Central	12.62	LKSSAA
	Parker Pieffers	Emmanuel Christian	12.62	CWOSSAA
	Nicholas Oudekerk	Banting	12.61	TVRA
70	Rafay Krayem	Bear Creek S.S. (Barrie, Ontario)	12.59	South GBSSA
	Seth Black	ENSS	12.59	Bay of Quinte
	Dominic Wiesner	Macdonald-Cartier	12.59	SDSSAA
	Dylan Patel	Brother Andre (Markham)	12.57	Colts/Warriors
	Edson Ssegawa		12.55	John Rowland
	Mark Driedger	Valley Heights	12.55	CWOSSAA
	Beck, Jonathon	Athens	12.51	Hungerford
	Kennedy, Seth	Mother Teres	12.49	Lancer Prep
	Stephen West	Applewood Heights (Mississauga)	12.43	St Marcellinus
	Lukas Jackl	Vankleek Hill CI	12.42	PRSSAA
80	Nicholson, Tate	West Carleton	12.59	EAST REGION
	Jonathan Trudeau	La Citadelle	12.38	SDGAA
	George Chahine	Pierre Savard	12.34	National Capital Classic Day 2
	Tyson Copeland	Owen Sound	12.31	Bluewater
	Maddox Anderson	Stratford District	12.43	WEST REGION
	Aidan Troxler	Neil McNeil (Toronto)	12.24	SMC Snowball Relays
	Gregory Perri	Toronto French School (Toronto)	12.24	CISAA Sr
	Turner, Carson	Walkerton Di	12.23	Bluewater
	Adam Penner	ESC L'Essor	12.19	WECSSA 1
	Max Delisle	Holy Trinity	12.19	SDGAA
90	Brandon Reeder	Waterloo-Oxford	12.18	WCSSAA
	Noah Lalonde	Frontenac	12.15	KASSAA
	Kem Kemka	Bayside	12.19	EAST REGION
	Jacob Fauteux	Beatrice Desloges	12.12	NCSSAA
	Cappadocio, Carson	St John	12.1	National Capital Classic Day 2
	Keegan Karbowski	Essex	12.1	WECSSAA
	Nate Rashotte	COCH	12.09	Bay of Quinte
	Jack Terkuc	Rideau	12.09	LGSSAA
	Juan Gomez-Maya	Northern Se	12.08	TDSSAA South & West
	Lucas Albano	Centre Wellington	12.08	CWOSSAA
100	Sonny Bergin	Gananoque	12.07	Hungerford

Discus	Junior Boys			
Rank	Name	School	Distance	Location
1	Ty Allen	St Marcellinus (Mississauga)	58.27	SOUTH REGION
	Stevens, Cole	Oakridge Oaks	52.73	WEST REGION
	Raine Bradley	Chippewa	52.41	Nipissing Invite
	Marcus Kunstadt-Landon	Ashbury	51.07	EAST REGION
	Abdulrahman Ramos	St Augustine (Brampton)	49.66	St Marcellinus
	Trent Raftis-Munroe	Holy Cross	49.61	EAST REGION
	Burns, Tyler	F.E. Madill	49.58	WEST REGION
	Declan Cowan	Frontenac	49.51	EAST REGION
	Zack Naish	Holy Trinity (Courtice)	48.7	LOSSA
10	Matthew Zurawik	Michael Power/St.Joseph (Etobicoke)	48.26	St Marcellinus
	Maksim Tomicevic	St. Thomas Aquinas SS - London	47.2	TVRA
	Eric Patterson	Essex	47.16	WECSSAA
	Jacob Fauteux	Beatrice Des	46.94	EAST REGION
	Galen Hudel	St David	46.92	CWOSSAA
	Jonathon Beck	Athens	46.89	EAST REGION
	Blake Livingston	EJ Lajeunesse	45.83	WEST REGION
	Walter Njuguna	LO Pickering	44.32	CENTRAL REGION
	Des Patsiopoulos	Humberside	44.08	TDSSAA South & West
	Andrew Thomas	Waterloo-Oxford	43.99	CWOSSAA
	Christian Brocoy	St. Thomas of Villanova	43.98	WEST REGION
	Harrison Hulbert	St Thomas Aquinas	43.8	WEST REGION
	Jayden Agberodiola	TD - Father Henry Carr	43.64	METRO REGION
	Parker Baetz	Holy Trinity	43.43	UOttawa Invite 1
	Mitchell Jibb	GB Bracebridge & Muskoka Lakes	43.36	CENTRAL REGION
20	Yoosuf Majekodunmi	St Augustine (Brampton)	43.33	ROPSSAA
	Atticus Jorritsma	Haliburton	43.1	Kawartha
	Sebastian Garro	St. Martin (Mississauga)	42.87	SOUTH REGION
	Dreyson Boissoneau	White Pine	42.81	Nipissing Invite
	Drew Fennema	Dundas Valley	42.71	SOUTH REGION
	Dreyon Boissoneau	NOWP	42.6	Sault Ste Marie
	Thomas Roesler	Renfrew	42.55	EAST REGION
	Rafay Krayem	Bear Creek S.S. (Barrie, Ontario)	42.54	St Theresa's
	Vincent Fallico	Michael Power/St.Joseph (Etobicoke)	42.14	St Marcellinus
	Austin Carrier	GB Georgian Bay DSS	41.9	CENTRAL REGION
	Brenner Lammens	Valley Heights	41.68	CWOSSAA
	Anderson, Maddox	Stratford Di	41.52	Woodstock
	Onaje Chevannes	Our Lady of Mount Carmel (Mississauga)	41.4	St Marcellinus
	Jayvon Mason-Abrams	St Marcellinus (Mississauga)	41.38	St Marcellinus
	Seth Gelka	Eastdale	40.95	Zone 3
40	Kaden Gigacz	St Michael Chs	40.91	LGSSAA
	Palmer Sutton	Eastview (Barrie)	40.58	St Theresa's
	Silas Pharoah	Glenview Park	40.43	WEST REGION
	James Kellar	Gananoque	40.39	LGSSAA
	Flourish Odin	Holy Trinity	39.93	SOUTH REGION
	Finne O'Leary	Banting	39.93	WEST REGION
	Lofthouse, Kypton	Glendale Hig	39.91	WOSSAA
	Matteo Pulla	St Marcellinus (Mississauga)	39.68	St Marcellinus
	Ross McGregor	Renfrew	39.64	Hungerford
	Landon Middleton	Ernestown	39.59	EAST REGION

Discus	Junior Boys			
Rank	Name	School	Distance	Location
50	Tim Herman	Collingwood CI (Collingwood)	39.39	St Theresa's
	Michahel Ibrahim	Macdonald-Cartier	39.39	SDSSAA
	Austin Minarik	Esc Theriault	39.35	Nipissing Invite
	Gabriel Kuipers	Qchs	39.19	EAST REGION
	McCausland, Brendan	Parkside Collegiate	39.03	Woodstock
	Jesse Lilles	TS - Riverdale	38.96	METRO REGION
	Vasileios Bichaltzis	Tw - Silverthorn C.I.	38.9	METRO REGION
	Zach Carter	Elmira	38.79	Track Wars
	Kaidyn Fournier-Phillips	Thorold	38.4	SOUTH REGION
	Elisha Agyeman	TD - Father Henry Carr	38.33	METRO REGION
60	Seth Kennedy	Mother Teresa Catholic Seconda	38.08	TVRA
	Turner, Carson	Walkerton Di	38.04	Bluewater
	Mason Lowry	Notre Dame C	38.01	UOttawa Invite 1
	Theo Davis	St. Martin (Mississauga)	38	Ridin Turbo
	Nicholas Oudekerk	Banting	37.96	TVRA
	Seth Noble	Glenview Park	37.94	CWOSSAA
	Fizal Ramlogan	Brock	37.57	EAST REGION
	Ryan Perrone	Sandwich	37.45	WECSSAA
	Sonny Bergin	Gananoque	37.43	LGSSAA
	Alex Martinko	Saugeen	37.37	Bluewater
70	Brian Spacek	St Anne's Css	37.37	Huron Perth
	Maison Newman	Belle River	37.29	WECSSAA
	Aidan Troxler	TD - Neil McNeil	37.19	METRO REGION
	Christian Hadre	St. Thomas of Villanova	37.13	WECSSAA
	Jacob Ostropolec	Chatham-Kent	37.07	Lancer Prep
	Ryan Rosa	St. Paul's (Mississauga)	37.07	ROPSSAA
	Raniel Rafaeli	Dr. John Denison (Newmarket)	37.07	York Region
	Tristan Ong	Westmount	37	HWIAC
	Matthias Boutrous	Stouffville (Stouffville)	36.96	York Region
	Rowan Grant	ALNB	36.74	NDA
80	Mustafa Bataineh	SWCSS	36.51	SOUTH REGION
	Matteo Hijuelos	Holy Trinity (Courtice)	36.5	Durham 2
	Parker Pieffers	Emmanuel Christian High School	36.11	OCSSAA
	Alekzandro Cuning	St Patrick	36.09	EAST REGION
	Luca Barletta	St Thomas Aquinas	35.99	Track Wars
	Cohen Smith	McGregor	35.9	LKSSAA
	Riley Bagayawa	St Joseph's Catholic	35.8	WECSSAA 3
	Jayden Gow-Munroe	Loyalist	35.56	KASSAA
	Reid Grant	TD - Neil McNeil	35.42	METRO REGION
	Matteo Porto	St Marcellinus (Mississauga)	35.36	St Marcellinus
90	Kem Kemka	Bayside	35.2	Bay of Quinte
	Jacob Schaefer	FE Madiill	35.15	Huron Perth
	Anderson Haugh	Saugeen	35.04	Bluewater
	James Douglas	IE Weldon	35	COSSA
	Rodney DeVries	Woodland Christian High School	34.96	OCSSAA
	Nolan Henwood	Belle River	34.89	WECSSAA
	Jaafar Al-Shaikhli	Bell HS	34.39	NCSSAA West
	Liam Pfalz	East Northumberland	34.36	Bay of Quinte
	Appeldoorn, Keaton	St. Patricks Chs	34.33	LKSSAA

Discus	Junior Boys			
Rank	Name	School	Distance	Location
	Parker Levy	St Marys DCVI	34.33	Huron Perth
100	Logan Conroy	St. Patrick's Catholic H.S.	34.31	LKSSAA

Javelin	Junior Boys			
Rank	Name	School	Distance	Location
1	Hudson Kennedy	St Michael Chs	53.87	EAST REGION
	Peyton Fabjan	Philip Pocock (Mississauga)	53.73	SOUTH REGION
	Eric Patterson	Essex District High School	53.67	WEST REGION
	Parker Baetz	Holy Trinity	53.6	EAST REGION
	Des Patsiopoulos	Humberside	51.54	TDSSAA South & West
	Finne O'Leary	Banting	51.34	WEST REGION
	Parker Pieffers	Emmanuel Christian High School	51.05	OCSSAA
	Landon Van Bakel	St Michael Css	49.3	Huron Perth
	Lucas Glen	Rideau District	49.25	LGSSAA
	Declan Cowan	Frontenac	49.14	EAST REGION
10	Seth Black	ENSS	49.05	EAST REGION
	Eli Kirstein	GB Bracebridge & Muskoka Lakes	49.04	CENTRAL REGION
	Tate Nicholson	West Carleton	48.7	National Capital Classic Day 1
	Ethan Cabana	St. Thomas of Villanova	48.41	WECSSAA
	Kaden McGregor	St Joseph's - R	48.09	EAST REGION
	Cain Sabourin	O'Gorman (Timmins)	47.73	NEOAA
	Austin Carrier	GB Georgian Bay DSS	47.29	CENTRAL REGION
	Brendan McCausland	Parkside Collegiate	47.25	TVRA
	Drew Fennema	Dundas Valley	47.08	SOUTH REGION
	Jack Willemse	North Lambton	46.64	LKSSAA 3
20	Dermot Tomalty	Sandwich Secondary	46.52	WECSSAA
	Hayden Stewart	Our Lady of Mount Carmel (Mississauga)	46.07	ROPSSAA
	Jayden Davis-Lumley	Lambton Central	45.96	LKSSAA
	Jackson Cross	GB Banting Memorial	45.96	CENTRAL REGION
	Mitch Leachman	Bishop Macdonald	45.74	CWOSSAA
	Billy Bridgeman	LO St Mary	45.73	CENTRAL REGION
	Alex Wood	Rideau	45.55	EAST REGION
	Rafay Krayem	GB Bear Creek S.S.	44.71	CENTRAL REGION
	Tyler Klue	Sarnia Northern	44.58	LKSSAA
	Kunstadt-Landon, Marcus	Ashbury	44.47	EAST REGION
30	Thomas Rampley	Uxbridge (Uxbridge)	44.21	Durham 1
	William Blacker	Sir Wilfrid Laurier	44.08	NCSSAA
	Dreyon Boissoneau	NOWP	43.99	Sault Ste Marie
	Atticus Jorritsma	Haliburton	43.76	Bay of Quinte
	Hudson Frey	St. Anne High School	43.72	WECSSAA
	Curtis Gunnink	Harvest Christian	43.47	Bluewater
	Max Leudy	St Benedict	43.39	D8
	Sebastian Garro	St. Martin (Mississauga)	43.32	St Marcellinus
	Cian Cormode	Ajax (Ajax)	43.24	LOSSA
	Gaspar, Max	St. Joseph's	43.05	WEST REGION
40	Matthew Tang	Dr. Norman Bethune (Scarborough)	42.96	Colts/Warriors
	Maksim Tomicevic	St Thomas Aquinas	42.86	Woodstock
	Aiden Winter	CK	42.67	LKSSAA
	Joe Duquette	O'Gorman (Timmins)	42.66	NEOAA
	Campbell Shrubsole	Simcoe	42.51	CWOSSAA
	Evan Gregory	South Carleton	42.51	NCSSAA
	Rodney DeVries	Woodland Christian	42.5	CWOSSAA
	Wooseong Lee	Catholic Central	42.43	WOSSAA
	Theodore Clark	Danforth	42.33	TDSSAA South & West
	Jacob Machado	The Woodlands (Mississauga)	42.3	St Marcellinus
50	Jesse Lilles	Riverdale	42.18	TDSSAA South & West
	Jamison Helps	Lambton Central	42.16	LKSSAA

Javelin	Junior Boys			
Rank	Name	School	Distance	Location
	Kolesar, Leo	Paris Distri	41.89	Forest City
	Hugh Ryan	Richview	41.73	TDSSAA South & West
	Alex Taylor	TS - Monarch Park	41.7	METRO REGION
	Ryan Larocque	Timiskaming (New Liskeard)	41.7	NEOAA
	Bodie Bagshaw	Brock	41.55	EAST REGION
	Lex Smith	Eastdale (Oshawa)	41.4	LOSSA
	Anderson daSilva	LO Pickering	41.4	CENTRAL REGION
60	Diego Asuncion	Esc St MR	41.28	KASSAA
	Marco Tavares	St. Jean de Brebeuf	41.09	SOUTH REGION
	Cam Jackson	EL Crossley	41.03	SOUTH REGION
	Patrick Donnelly	St Joseph's Catholic	40.89	WECSSAA
	Morgan Gleason	Catholic Central	40.85	TVRA
	Burns, Tyler	F.E. Madill	40.81	Forest City
	Wesley Upton	Neil McNeil	40.74	METRO REGION
	William Cao	Dr. Norman Bethune (Scarborough)	40.69	Colts/Warriors
	Logan Hachler	St Michael Css	40.5	Huron Perth
	Stevens, Cole	Oakridge Oaks	40.32	Forest City
70	Matverick Stubbs	Delhi	40.26	CWOSSAA
	Max Teixeira	Danforth	40.2	Andre Hamilton
	Parker Levy	St Marys Dcvi	40.2	Huron Perth
	Mason Good	John McCrae	40.07	National Capital Classic Day 1
	Gauge Moore	Gananoque	39.99	Limestone Legacy
	Cian Cormode	LO Ajax	39.9	CENTRAL REGION
	Michael Albert	TASS	39.85	Kawartha
	Carson Brown	Mitchell	39.75	Huron Perth
	Maxime Merizzi	L'Heritage	39.73	SDGAA
	Wyatt Ferguson	North Lambton	39.7	LKSSAA 3
80	Millen Yu	St. Anne High School	39.49	WECSSAA
	Jacob Sammon	South Carleton	39.31	NCSSAA
	Larmer, Zach	St. Marys Dcvi	39.15	Huron Perth
	Nicholas Oudekerk	Banting	39.14	TVRA
	Mason Rutherford	Norwood	39.09	Bay of Quinte
	Remy Dubois	Sainte-Marie-Rivier	39.03	Hungerford
	Deaglan Doyle	Ancaster High School	38.89	SOUTH REGION
	Terkuc, Jack	Rideau	38.87	Hungerford
	Noah Weingartner	Dundas Valley	38.87	HWIAC
	Keagan Provost	Elliot Lake SS	38.82	Nipissing Invite
90	Andrew Wiltshire	Glengarry	38.81	SDGAA
	Mac Adams	Barrie North (Barrie)	38.7	St Theresa's
	Tyler Hanson	Jacob Hespeler	38.7	WCSSAA
	Orion Puskas	St Mary CHS	38.67	National Capital Classic Day 2
	Ilyas Abdullahi	TS - Harbord	38.63	METRO REGION
	Ronnie Su	Dr. Norman Bethune (Scarborough)	38.49	Colts/Warriors
	Ellis Chua	Dunbarton (Pickering)	38.49	LOSSA
	Walter Njuguna	Pickering (Ajax)	38.48	LOSSA
	Silas Pharoah	Glenview Park	38.4	CWOSSAA
	Shapardson Drake	Thousand Islands	38.25	LGSSAA
100	Hudson Claypool	Colonel By	38.18	National Capital Classic Day 1
	Jonah Klinck	Athens	38.18	National Capital Classic Day 1

Shot Put	Senior Boys			
Rank	Name	School	Distance	Location
1	Eghosa Ehigiator	James Cardinal McGuigan (Toronto)	17.5	Father Redmond
	Owen Robins	Port Colborne	17.10	SOUTH REGION
	Mitoraj, Noah	St. Thomas A	16.95	TVRA
	Crawford, Aidan	Eastside	16.40	Bay of Quinte
	Adnal Oladejobi	James Cardinal McGuigan (Toronto)	16.2	John Rowland
	Brydon Mitchell	Belle River DHS	15.78	WEST REGION
	Urquhart, Andrew	Lord Dorches	15.56	Forest City
	Sam Pannell	ALNB	15.50	NDA
	Marckos Newman	Belle River DHS	15.43	WECSSA 1
	Mikwete, Daniel	Immaculata	15.15	EAST REGION
10	Jaden Davis	Centennial	14.94	SOUTH REGION
	Dzeps Kaynar	Ashbury	14.84	EAST REGION
	Daniel Herman	Collingwood CI (Collingwood)	14.76	North GBSSA
	Benjamin Ampong	Brampton Christian	14.73	SOUTH REGION
	Daniel Chmura	Humberview SS (Bolton)	14.44	St Marcellinus
	Carter Blackmore	Sandwich Secondary	14.43	WEST REGION
	Matthew Svacina	Corpus Christi CSS (Burlington)	14.20	SOUTH REGION
	Henry Heaton	Leamington Secondary	14.10	WECSSAA
	Roman Klassen	W.F. Herman Academy	13.98	WEST REGION
	Stewart, Joel	Ingersoll Dci	13.96	Debbie Miller
20	Hunter McLean	Sir Frederick Banting	13.92	TVRA
	Alex Huneault	La Salle	13.89	EAST REGION
	Williams Igbinehi	James Cardinal McGuigan (Toronto)	13.87	Father Redmond
	Bressette, Brody	London South	13.81	WEST REGION
	Matthew Popa	St Pius XC	13.44	EAST REGION
	Stanley, Colton	St. Thomas A	13.42	Forest City
	Adam Burrafato	Bayview Glen (Don Mills)	13.35	
	Kyle London	Sir Wilfrid Laurier	13.24	NCSSAA East
	Trevor Marut	Sarnia Northern	13.2	LKSSAA
	Ty Patterson	Essex District High School	13.19	Lancer Prep
30	Gordon Walsh	Norwood	13.19	Kawartha
	Liam McCreery	Woodstock	13.18	WOSSAA
	Trent Mealin	HCCSS	13.17	Kawartha
	Shami, Hassan	Oakridge Oaks	13.12	TVRA
	Stephan Elias	Neil McNeil (Toronto)	13.11	SMC Snowball Relays
	Nolan Crego	Monsignor Doyle	13.08	D8
	Jacob Cowan	Richview (Islington)	13.06	METRO REGION
	Edwards, Blake	St Marys CHS	13.00	Limestone Legacy
	Carel, Poirier-de Guzman	ESC Saint Ma	13.00	KASSAA
	Hudson Vandermeer	Upper Canada College (Toronto)	12.96	CISAA Sr
40	Henry Downey	Nelson High School	12.94	GHAC
	Preston Allert	J. Clarke Richardson (Ajax)	12.93	CENTRAL REGION
	Mohammad Alijafra	SWCSS	12.93	SOUTH REGION
	Alex Goddard	Holy Cross	12.92	KASSAA
	Gad Kabba	Our Lady of Mount Carmel (Mississauga)	12.91	St Marcellinus
	Phoenix Wyse	St. Michael's College (Toronto)	12.91	Father Redmond
	Ryder Ladouceur	GB St. Theresa	12.91	CENTRAL REGION
	Lucas Wong	Oakridge Oaks	12.89	TVRA
	Connor Westlake	Holy Trinity (Courtice)	12.88	LOSSA
	Tristan Thomas	Robert F. Hall (Caledon)	12.87	St Marcellinus
50	Caleb Koch	FE Madill	12.84	Huron Perth

Shot Put	Senior Boys			
Rank	Name	School	Distance	Location
	Liam Epps	GB Patrick Fogarty	12.82	CENTRAL REGION
	Matthew McRae	LO Sinclair	12.81	CENTRAL REGION
	Ezra Daley	HCCSS	12.73	Kawartha
	Tyler McPherson	Philip Pocock (Mississauga)	12.72	St Marcellinus
	Isaac Huntington	St Marys CHS	12.7	Hungerford
	Hernandez, Shalem	St. Joseph's	12.66	Forest City
	Josiah Olumide	All Saints	12.66	UOttawa Invite 1
	Isaiah Williams	Bill Crothers SS (Unionville)	12.65	York Region Indoors
60	Azeem Adekeye	YR Langstaff	12.64	CENTRAL REGION
	Joel Emeka	Holy Names	12.62	WECSSAA
	Shea Simmons	Dundas Valley	12.62	SOUTH REGION
	Isaac Spence	Pickering (Ajax)	12.55	Durham 1
	Evan McGrann	Robert F. Hall (Caledon)	12.55	ROPSSAA
	Humphrey Yan	Albert College	12.52	METRO REGION
	Philippe Rozon	EP Renaissance (Timmins)	12.5	NEOAA
	Tai Esekia	Central Hastings	12.47	Bay of Quinte
	Evan Maksymchuk	Lively	12.46	SDSSAA
	Azaan Blake Walsh	James Cardinal McGuigan (Toronto)	12.44	Father Redmond
70	Praise Kanebi	St Augustine (Brampton)	12.43	St Marcellinus
	Ky-mani James	Huron Heights (Newmarket)	12.43	York Region
	Jack Mines	Char-Lan	12.40	SDGAA
	Joel Driedger	Valley Heights	12.38	WEST REGION
	Hunter Campbell	Lambton Central	12.37	LKSSAA
	Mason Burke	Robert F. Hall (Caledon)	12.32	ROPSSAA
	Mike Brohart	Espanola HS	12.28	Nipissing Invite
	Riley Ribero	Carleton Place	12.27	Limestone Legacy
	Mitch Pegg	Lambton Kent	12.26	LKSSAA
	Jordan Duck	HCCSS	12.24	Kawartha
80	Mason Brennan	Colonel By	12.22	UOttawa Invite 1
	Gibson Roney	Notre Dame (Ajax)	12.22	LOSSA
	Belizaire, Eder Exson	Gisele-Lalonde	12.21	Ravens Relays
	Noah Ibanez	Preston	12.20	WCSSAA
	Jashanveer Singh	Stratford District	12.19	Huron Perth
	Malakhi Berko	GB St. Peter's	12.19	CENTRAL REGION
	Olivier Quesnel	Le Relais	12.16	PRSSAA
	Piatek, Jacob	Mother Teres	12.13	TVRA
	Shea Sampson	Lisgar	12.12	NCSSAA
	Karim Touka	St. Mary (Pickering)	12.10	LOSSA
90	Roman Colangelo	EL Crossley	12.09	Zone 3
	Hunter Brown	Elmira	12.08	CWOSSAA
	Marques Tyrell	Nantyr Shores (Innisfil)	12.07	South GBSSA
	Zachary McTaggart	St Theresa Css	12.07	COSSA
	Mason P	Sandwich Secondary	12.05	WECSSA 1
	Jake Robertson	GB St. Peter's	12.03	CENTRAL REGION
	Aaron Naudain	Corpus Christi C.S.S.	11.99	GHAC
	Ademidara Ade-Ogunade	Chaminade College (Toronto)	11.97	SMC Snowball Relays
	Alex Cowan	St. Theresa (Midland)	11.97	St Theresa's
	Gonchar, Karol	Bishop Macdo	11.89	Gaels Relays
100				

Discus	Senior Boys			
Rank	Name	School	Distance	Location
1	Owen Robins	Port Colborne	56.06	SOUTH REGION
	Aidan Crawford	Eastside	54.03	EAST REGION
	Mitoraj, Noah	St. Thomas A	51.81	WEST REGION
	Benjamin Ampong	Brampton Christian (Caledon)	49.9	SOUTH REGION
	Jaden Davis	Centennial	49.72	Zone 3
	Liam Epps	Patrick Fogarty (Orillia)	48.66	North GBSSA
	Eghosa Ehigiator	TD - James Cardinal McGuigan	48.54	METRO REGION
	Jack Mines	Char-Lan	48.53	Hungerford
	Hunter Campbell	Lambton Central	47.44	WEST REGION
10	Matthew Popa	St Pius X C	47.17	EAST REGION
	Andrew Urquhart	Lord Dorches	46.95	WEST REGION
	Adnal Oladejobi	TD - James Cardinal McGuigan	46.74	METRO REGION
	Koch, Caleb	F.E. Madill	46.37	WEST REGION
	Biesinger, Liam	St. Thomas A	45.09	WEST REGION
	Daniel Chmura	Humberview SS (Bolton)	44.18	St Marcellinus
	Carter Blackmore	Sandwich	43.83	WECSSAA
	Jack Wilson	Almaguin Highlands (South River)	43.71	Nipissing Invite
	Sam Pannell	ESC Algonquin - North Bay (North Bay)	43.25	NDA
20	Henry Heaton	Leamington Secondary	42.96	WECSSAA 3
	Heath Bradley	Chippewa	42.43	NDA
	Owen Miloje	Bluevale	42.37	WEST REGION
	Daniel Mikwete	Immaculata	42.35	EAST REGION
	Landon Matthews	Loyalist	42.33	Hungerford
	Travis, Nate	Mother Teres	41.7	Woodstock
	Poirier-de, Carel	ESC Saint Ma	41.39	EAST REGION
	Luke Shallow	LO Paul Dwyer	41.34	CENTRAL REGION
	Brydon Mitchell	Belle River DHS	41.01	Lancer Prep
30	Stewart, Joel	Ingersoll Dci	40.91	Forest City
	Jackson Culin	SHNB	40.88	NDA
	Tristan Thomas	Robert F. Hall (Caledon)	40.34	ROPSSAA
	Evan Miloje	Bluevale	40.23	WEST REGION
	Jaxon Kazakevicius	Simcoe	40.19	CWOSSAA
	Ian Costello	CK	40.14	LK Pre Meet 2
	Stephan Elias	TD - Neil McNeil	40.13	METRO REGION
	Alex Huneault	La Salle	39.91	EAST REGION
	Levi Snider	Bishop Ryan Secondary School	39.59	GHAC
40	Raine Bradley	Chippewa	39.58	UOttawa Invite 2
	Griffin Kalp	Ursuline Col	39.42	WEST REGION
	Daniel Herman	Collingwood CI (Collingwood)	39.39	St Theresa's
	Colin Diotte	Sandwich	39.35	WECSSAA
	Blake Lumley	St. Joseph's Catholic	38.97	Lancer Prep
	Aidan Gravel	GB St. Theresa	38.75	CENTRAL REGION
	Mason Brennan	Colonel By	38.32	EAST REGION
	Solomon Jackman	Westminster	38.31	TVRA
	Emanuel Elliot	Woodland Christian	38.05	CWOSSAA
50	Isaac Huntington	St Mary Chs	37.63	LGSSAA
	Victor Rushatsi	Immaculata	37.57	NCSSAA East
	Romanick, Rylan	Ursuline Col	37.46	LKSSAA
	Trent Mealin	HCCSS	37.4	Kawartha
	Al Daadaa, Yousef	Oakridge Oaks	37.26	TVRA
	Ben Wilson	TASS	37.26	EAST REGION
	Sullivan Tole	St. Thomas of Villanova	37.01	WECSSAA
	Bressette, Brody	London South	36.85	TVRA

Discus	Senior Boys			
Rank	Name	School	Distance	Location
	Jaramillo, Nicholas	Mother Teres	36.8	TVRA
	Alexander Purves	Franco-Cite	36.64	National Capital Classic Day 2
	Williams, Aiden	Pauline Johnson	36.55	CWOSSAA
	Nick Besignano	Thousand Islands	36.47	Hungerford
	Singh, Jashan	Stratford Di	36.42	Forest City
	Elliot La Fleur	Neil McNeil	36.34	Andre Hamilton
60	Will Middaugh	NOSH	36.34	Sault Ste Marie
	Mohammad Alijafra	Sir Winston Churchill	36.31	SOUTH REGION
	Cam Andree	Dundas Valley	36.15	HWIAC
	Jadyn John	Our Lady of Mount Carmel (Mississauga)	36.08	St Marcellinus
	Joel Driedger	Valley Heights	36.05	CWOSSAA
	Daniel Sas	St. Martin (Mississauga)	36.03	Ridin Turbo
	Shami, Hassan	Oakridge Oaks	36.02	Forest City
	Matthew Svacina	Corpus Christi CSS (Burlington)	36	St Marcellinus
	Gavin Boyce	LO Sinclair	35.95	CENTRAL REGION
	Tai Esekia	Central Hastings	35.93	EAST REGION
70	Austin Young	Chippewa	35.57	Nipissing Invite
	Matthew McRae	LO Sinclair	35.54	CENTRAL REGION
	Morgan Lemay	EP Renaissance (Timmins)	35.52	NEOAA
	Nico Therrien	Timmins (Timmins)	35.38	NEOAA
	Luke Smith	Patrick Fogarty (Orillia)	35.15	North GBSSA
	Nicholas Gauthier	Cnd	35.13	SDSSAA
	Jacob Clynick	TD - Neil McNeil	35.09	METRO REGION
	Jonathan Flavian	TS - Monarch Park	35.07	METRO REGION
	Cameron Herbert	Maxwell Heights (Oshawa)	35	LOSSA
	Braden Kroeker	Centennial	34.98	SOUTH REGION
80	Shea Sampson	Lisgar	34.92	NCSSAA
	Kelvin Gottschalk	Saugeen	34.63	Bluewater
	Trevor Marut	Northern	34.58	CK Relays
	Josiah Olumide	All Saints	34.51	UOttawa Invite 1
	Quinn Hughes	Gleview Park	34.51	WCSSAA
	Roman Klassen	W.F. Herman Academy	34.45	WECSSAA
	Jonas Guerra	St. Joan of Arc (Mississauga)	34.44	St Marcellinus
	Sam Fiander	Immaculata	34.42	EAST REGION
	Javon Anderson	St Marcellinus (Mississauga)	34.37	ROPSSAA
	Zach Shwehat	Bishop Ryan Secondary School	34.32	GHAC
90	Trent Houghton	Kincardine	34.28	Bluewater
	Ben Gregson	Brock	34.11	Kawartha
	Markcos Newman	Belle River DHS	34.1	WECSSAA 3
	Aidan Leary	TW - Humberstone	34.06	METRO REGION
	Ty Patterson	Essex District High School	34.04	WECSSAA
	Jordan Carrera	LO Notre Dame	33.99	CENTRAL REGION
	Lucas Wong	Oakridge Oaks	33.9	TVRA
	Tyrus Lepage	Centennial	33.79	Zone 3
	Mike Brohart	Espanola	33.69	Nipissing Invite
	Tye McCutcheon	Elmvale (Elmvale)	33.62	St Theresa's
100	Nolan Wright	Simcoe	33.61	CWOSSAA

Javelin	Senior Boys			
Rank	Name	School	Distance	Location
1	Smith, Duncan	Great Lakes	57.76	WEST REGION
	William Kormos	St John's	56.93	CWOSSAA
	Ashwin Laird	Sainte-Marie-Rivier	53.96	Hungerford
	Colin Diotte	Sandwich Secondary	53.45	Lancer Prep
	Crawford, Aidan	Eastside	53.37	Hungerford
	Alex Huneault	La Salle	52.67	EAST REGION
	Jim McLaren	GB Georgian Bay DSS	52.63	CENTRAL REGION
	Max Myers	EL Crossley	52.54	SOUTH REGION
	Nolan Crego	Monsignor Doyle	52.08	WEST REGION
	Jaxon Lamb	Elmira	51	CWOSSAA
	Adam Freure	EL Crossley	50.85	Zone 3
	James Quinn	Laura Secord	50.84	Zone 4
	Carson Gauthier	Saint Michael Catholic High Sc	50.17	SOUTH REGION
	McClelland, Sam	AB Lucas	50.16	WEST REGION
	Micah Kulathungam	Brampton Christian (Caledon)	50.04	St Marcellinus
	Oliver Ross	Sandwich Secondary	49.45	WEST REGION
	Walters, Tray	Pauline Johnson Cvs	49.34	WEST REGION
	Dagenais, Connor	D'Arcy McGee	48.89	National Capital Classic Day 2
	Noah Purvis	St Joseph's - R	48.58	EAST REGION
	John Howard	Banting Memorial (Alliston)	48.4	St Theresa's
20	Shea Simmons	Dundas Valley	48.4	SOUTH REGION
	Griffin Kalp	Ursuline	48.3	WEST REGION
	Joel Feeney	St Anne's Css	48.11	Huron Perth
	Evan Stevens	Lord Dorchester	47.54	WEST REGION
	Ethan Irons	Bramalea (Brampton)	47.44	SOUTH REGION
	Ryan Bennett	LO J. Clarke Richardson	47.36	CENTRAL REGION
	Peyton Daigle	Esc Theriault	47.33	Nipissing Invite
	Nolan Morrow	Rideau	46.8	Limestone Legacy
	Nolan Wright	Simcoe	46.61	WEST REGION
	Martin, William	Ashbury	46.5	Ravens Relays
30	Hunter Thorkilson	NOKO	46.35	Sault Ste Marie
	Caskanette, Max	London Christian	45.92	WEST REGION
	Asher Cabral	Brampton Christian (Caledon)	45.88	SOUTH REGION
	Nic Parks	Central Hastings	45.62	EAST REGION
	Daniel Fitzgerald	Frontenac	45.59	EAST REGION
	Jayden Chalut	St Joseph's Catholic	45.46	WEST REGION
	Brody Mabbott	Scs	45.15	SDSSAA
	Alex Kuypers	IE Weldon	44.98	Kawartha
	Keaton Reeds	Bishop Allen Academy (Etobicoke)	44.96	St Marcellinus
	Gordon Walsh	Norwood	44.69	EAST REGION
40	William Peters	Robert Land Academy	44.36	Zone 3
	Jonathan Qin	YR Cardinal Carter	44.08	45.08
	Chambers, Owen	Stratford Di	43.87	WEST REGION
	Henk Benjamins	Woodland Christian High School	43.84	OCSSAA
	Crotty, Ryan	Thousand Islands	43.55	Hungerford
	Grant Haley	L'Heritage	43.5	SDGAA
	E, Arman	Unattached	43.37	Ravens Relays
	Jimmy Gibson	Frontenac	43.33	Hungerford
	Trent Houghton	Kincardine	43.29	Bluewater
	Fisher Smith	Sherwood	43.19	HWIAC
50	Richardson, Trevor	St. Marys Dcvi	43.19	Huron Perth
	Brayden Bertrand	Essc	43.05	SDSSAA

Javelin	Senior Boys			
Rank	Name	School	Distance	Location
	Graydon Asselin	Twin Lakes (Orillia)	43.04	St Theresa's
	Tyler Ray	St Anne High School	42.99	WECSSAA
	Spencer Stanat	LO Brooklin	42.97	46.67
	Bryce Broglio	LaSalle	42.95	Nipissing Invite
	Jacob Cowan	Richview	42.89	TDSSAA South & West
	Claude Franklin	Brookfield	42.7	NCSSAA East
	Colby Kekki	CSS	42.68	EAST REGION
60	Avery Kaskiw	Maxwell Heights (Oshawa)	42.66	Durham 2
	Brodie Palinsky	Saugeen	42.65	Bluewater
	James Nnabuogor	TD - Neil McNeil	42.65	METRO REGION
	Ben Weinstein	CI - Albert College	42.54	METRO REGION
	Hunter Kedwell	Lambton Central	42.46	LKSSAA
	Matthias Lipka	St. Martin (Mississauga)	42.32	St Marcellinus
	Liam Dubois	NOSM	42.04	Sault Ste Marie
	Cedric Smith	De La Salle	41.93	EAST REGION
	Brodie Poulain	North Hastings	41.89	Bay of Quinte
	Cameron Kontulainen	NOSM	41.8	Sault Ste Marie
70	Emanuel Elliot	Woodland Christian	41.75	D8
	Cam Andree	Dundas Valley	41.65	HWIAC
	Zack Molinaro	Woodstock	41.6	TVRA
	Mueller, Alex	Stratford Di	41.49	WOSSAA
	Seth Stapper	St Thomas Aquinas	41.47	PRSSAA
	Jackson Clark	Danforth	41.45	Andre Hamilton
	Nichola Fournier	Bishop Allen	41.27	Andre Hamilton
	Ben Hewick	Bracebridge & Muskoka Lakes (Bracebridg	41.26	North GBSSA
	Lucas Toner	Bishop Smith	41.14	National Capital Classic Day 2
	Oliver Westerhoff	North Park	41.03	CWOSSAA
80	Ben Rosa-McLean	Englehart (Englehart)	41.02	NEOAA
	Nate Wilson	Bayridge	40.88	KASSAA
	Mike Brohart	Espanola	40.83	Nipissing Invite
	Philip Leclerc	Embrun	40.73	PRSSAA
	Will Middaugh	NOSH	40.71	Sault Ste Marie
	Liam McCreery	Woodstock	40.61	Woodstock
	Brown, Conleigh	Rideau	40.59	Pirate Relays
	Jerick Li	Lisgar	40.59	EAST REGION
	Darsan Samuels	TE - Woburn	40.5	METRO REGION
	Theo Sheldrake	GB Georgian Bay DSS	40.5	41.03
90	Tanner Dumont	Elliot Lake	40.46	Nipissing Invite
	Ben Shepherd	North Lambton	40.34	LKSSAA
	Eamon Baarda	Bramalea (Brampton)	40.16	St Marcellinus
	Daniel Sas	St. Martin (Mississauga)	40.1	Ridin Turbo
	Grayson Rebinczak	All Saints	39.94	NCSSAA West
	Will Jenkins	Bayridge	39.93	KASSAA
	Noah Smele	Nouvelle Alliance (Barrie)	39.9	South GBSSA
	Mustafa Mandsorwala	Riverside Secondary School	39.88	Lancer Prep
	Jermey Naraine	Pickering (Ajax)	39.88	LOSSA
	Boak, Liam	Glendale Hig	39.79	Forest City
100	Evan Harper	Patrick Fogarty (Orillia)	39.72	North GBSSA

Shot Put	Para Girls			
Rank	Name	School	Distance	Location
1	Nala Beans	St. Theresa (Midland)	7.05	North GBSSA
	Faith Magyar	M.M.Robinson	6.67	GHAC
	Jada Alarie	Timmins (Timmins)	6.66	NEOAA
	Alicia Davies-Johnston	Thousand Islands	5.18	Limestone Legacy
	Jorja Padt	Georgetown District HS	4.85	GHAC
	Angelina Guttman	Georgetown District HS	4.32	GHAC
	Holly Garner	Nelson High School	4.16	GHAC
	Harley Moon	Napanee	4.13	EAST REGION
	Madison Beraro	Glenview Park	4.1	WEST REGION
	Ziyah Gayle	St. Catharines (St. Catharines)	4.06	Lakeshore High-Octane
10	Violet Florov	St. Catharines (St. Catharines)	4	Lakeshore High-Octane
	Sehar Ghumman	St. Thomas Aquinas (Tottenham)	3.75	St Theresa's
	Clara Murray	Napanee	3.67	KASSAA
	Alliya Menard	ES Roméo-Dallaire (Barrie)	3.32	South GBSSA
	Kaye Lacambra	Mmcss	3.22	Birchmount
	Karissa Flemington	J. Clarke Richardson (Ajax)	3.04	LOSSA
	Avery Menard	ES Roméo-Dallaire (Barrie)	2.96	South GBSSA
	Claire Simmers	Kingston	2.96	EAST REGION
	Ava Pineda	Mmcss	2.66	Birchmount
	Kalea Rup	Westview Freedom Academy	2.64	WEST REGION
20	Hunter Hornby	St. Catharines (St. Catharines)	2.55	Lakeshore High-Octane
	Fatima Fakhri	J. Clarke Richardson (Ajax)	2.28	LOSSA
	Abby Gibson	LO J. Clarke Richardson	2.22	
	Brooklyn Lisquim	Thousand Islands	2.15	LGSSAA
	Naomi Lu	Mmcss	1.9	Birchmount
	Christelle Cacapit	Mmcss	1.59	Birchmount
	Autumn Perri	St. Thomas Aquinas (Tottenham)	1.39	St Theresa's
30				

Shot Put	Para Boys			
Rank	Name	School	Distance	Location
1	Colton Rumford	Collingwood CI	9.03	Andre Hamilton
	Warren Parker	Albert Campbell	8.94	Andre Hamilton
	Flavien Lavigne	Hawkesbury	8.88	PRSSAA
	Smeaton-Katzenber	Lakeshore	8.18	TDSSAA South & West
	Menard Carino	Mmcss	8.17	Birchmount
	Maleki McCue	Glenview Park	8.15	WCSSAA
	Isaiah Smeaton-Katzenberg	TW - Lakeshore CI	8.04	METRO REGION
	Jayden Grein	St. Thomas of Villanova	8.04	WEST REGION
	Reuben Frielink	Patrick Fogarty (Orillia)	7.82	St Theresa's
	Julian Oliveira	Mmcss	7.62	Birchmount
10	Colin Stiner	Brock	7.59	Kawartha
	Josh Barclay	Lakeshore (Port Colborne)	7.57	Ridin Turbo
	Kevin Yuan	West Carleton	7.45	NCSSAA West
	Tristan Ogrady	Lakeshore	7.19	METRO REGION
	Garrett Howes	St. Thomas Aquinas (Tottenham)	7.02	St Theresa's
	Cale Behnke	Bishop Smith	7.01	EAST REGION
	Jayden Dolan	Lakeshore	7	Lakeshore High-Octane
	Ben Van Loon	St Michael Css	6.88	WOSSAA
	Tyler Neilson	Napanee	6.81	KASSAA
	Amer Safi	Bluevale	6.61	CWOSSAA
20	Francisco Oliveira	Mmcss	6.6	Birchmount
	Adam Maciel	Banting Memorial (Alliston)	6.54	John Rowland
	Nathaniel Bellissimo	St. Thomas Aquinas (Tottenham)	6.3	St Theresa's
	Kyle Woolcott	Denis O'Connor (Ajax)	6.29	LOSSA
	Dakota Williston	Cornwall	6.13	SDGAA
	Linus Gatzen	Banting	6.49	WEST REGION
	Christopher Sebastian	Jean Augustine (Brampton)	5.91	St Edmund Champion
	Vishva Adhvaryu	J. Clarke Richardson (Ajax)	5.85	LOSSA
	Traviz Mucino	Mmcss	5.79	Birchmount
	Austin Gordon	St Benedict	5.66	WEST REGION
30	Hunter Sauve Snow	Orillia (Orillia)	5.46	St Edmund Champion
	Rowan Woolley	Banting Memorial (Alliston)	5.18	South GBSSA
	Freddy Di Pietro	Mmcss	5.12	Birchmount
	Mlungisi Cele	Banting Memorial (Alliston)	5.09	John Rowland
	Clinton Manotham	Guelph (Guelph)	4.92	St Edmund Champion
	Raniero Grossi	Mmcss	4.89	Birchmount
	Jeffrey Sarpong	St. Thomas Aquinas (Tottenham)	4.89	St Theresa's
	Ayden Ferrill	Eastside	4.69	Bay of Quinte
	Kyle Ortizo	Mmcss	4.68	Birchmount
	Ahmed Mohamed Said	Westview Freedom Academy	4.47	WECSSAA
40	Eli Foebel	Lakeshore	4.04	Lakeshore High-Octane
	Emmanuel Ekemezie	St Edmund Champion (Brampton)	4.03	ROPSSAA
	Thomas Tran	Country Day School (King City)	3.78	CISAA Sr
	Zak Robleh	LO J. Clarke Richardson	3.51	CENTRAL REGION
	Vittorio Bossio	Mmcss	3.5	Birchmount
	Wymant Chan	Mmcss	3.48	Birchmount
	Kendell O'Byrne	Orillia (Orillia)	3.28	St Edmund Champion
	Maxime Jadach	Mmcss	2.24	Birchmount
	Tyler Moore	TASS	2.09	Kawartha

Shot Put	Para Boys			
Rank	Name	School	Distance	Location
50	Aiden Mayer	Saint Michael Catholic H	1.61	SOUTH REGION

Shot Put	ID Girls			
Rank	Name	School	Distance	Location
1	Paige Van Koughnett	Holy Cross	7.98	EAST REGION
	Sierra Carroll	Loyalist	7.77	KASSAA
	Faith Magyar	M.M.Robinson	7.68	
	Kahdijah Niles-Brock	J. Clarke Richardson (Ajax)	7.02	CENTRAL REGION
	Keisha Clarke-Leacock	LO All Saints	6.7	CENTRAL REGION
	Serenity Scott	Woodstock	6.68	TVRA
	Sabra-Averie Boakye	St. Peter's (Barrie)	6.52	South GBSSA
	Kiera Norris	La Salle	6.47	EAST REGION
	Tyleste Starke	Napanee	6.43	EAST REGION
10	Amelia Brown	J. Clarke Richardson (Ajax)	6.27	LOSSA
	Zwena Ahmed	Westview Freedom Academy	6.05	WEST REGION
	Annie-France Tweed	Hawkesbury	5.94	PRSSAA
	Rae'Anna Knight	LO J. Clarke Richardson	5.87	CENTRAL REGION
	Roan Murphy	Kapuskasing (Kapuskasing)	5.45	NEOAA
	Holly Garner	Nelson HS	5.34	
	Autumn Anselm	Frontenac	5.22	Limestone Legacy
	Cheyenne Harman	London Central	5.21	WEST REGION
	Emma Forbes-Messenger	Napanee	5.2	KASSAA
	Alicia Davies-Johnston	Thousand Islands	5.18	Limestone Legacy
20	Ellen Davidson	Centennial	5	Bay of Quinte
	Grace Kuipers	St Paul	4.81	Bay of Quinte
	Lily Richardson	CSS	4.8	Bay of Quinte
	Lily Mitten	Trenton	4.75	COSSA
	Kristine Vernon-Henderson	Cobourg	4.75	COSSA
	Kristy Ibon	TD - St. John Paul II	4.75	METRO REGION
	Jorja Padt	Georgetown District HS	4.75	
	Averi Iati	Westview Freedom Academy	4.74	WECSSAA
	Sarah Harrison	St James	4.66	WEST REGION
	Addie Davis	Enss	4.62	Bay of Quinte
30	Molly Boisseau	Ottawa Tech	4.6	EAST REGION
	Trinity Fulton	Kingston	4.59	Limestone Legacy
	Mya Maadarani	Ottawa Tech	4.53	NCSSAA
	Gemma Carruthers	Frontenac	4.52	Limestone Legacy
	Angelina Guttman	Georgetown District HS	4.51	
	Rachel Chiles	Napanee	4.5	KASSAA
	Mickey Legaultwalsh	La Salle	4.44	Limestone Legacy
	Lindsey Gault	Trenton	4.42	COSSA
	Emily McDowell	Orangeville	4.38	WEST REGION
	Vera Dixon	Centennial	4.24	Bay of Quinte
40	Violet Florov	St Catherines	4.15	Zone 4
	Peggy Hamilton	La Salle	4.11	KASSAA
	Violet Florov	St. Catharines	4.11	
	Ziyah Gayle	St Catherines	3.84	Zone 4
	Sehar Ghuman	GB St. Thomas Aquinas	3.75	CENTRAL REGION
	Ava Pineda	TD - Marshall McLuhan	3.66	METRO REGION
	Hunter Hornby	St Catherines	3.63	Zone 4
	Eden Brant	Eastside	3.49	Bay of Quinte

Shot Put	ID Girls			
Rank	Name	School	Distance	Location
	Doaa Ali	LO J. Clarke Richardson	3.49	CENTRAL REGION
	Helen Nuttall	Perth	3.28	EAST REGION
50	Audrey Seward	Cobourg	3.06	Kawartha
	Adele Blew	Immaculata	2.95	EAST REGION
	Kaye Lacambra	TD - Marshall McLuhan	2.82	METRO REGION
	Naomi Lu	TD - Marshall McLuhan	2.73	METRO REGION
	Claire Simmers	Kingston	2.49	Limestone Legacy
	Autumn Perri	St. Thomas Aquinas (Tottenham)	1.51	South GBSSA

Shot Put	ID Boys			
Rank	Name	School	Distance	Location
1	Justin Vernon-Henderson	Cobourg	11.55	COSSA
	Nathaniel Cardinal	Port Hope	11.31	Kawartha
	Killian Lavoie	Georgetown	11.29	SOUTH REGION
	Menard Carino	TD - Marshall McLuhan	10.06	METRO REGION
	Matthew Prestwich	Oakridge	9.89	WOSSAA
	Cody Welch	Holy Cross	9.89	EAST REGION
	Ty Hilliard	TASS	9.87	Kawartha
	Kahyden Matti	Ottawa Tech	9.85	NCSSAA East
	Dylan Gabriel	St Paul	9.75	COSSA
	Noah Lamoureux	Lisgar	9.69	NCSSAA
10	Warren Parker	TE - Albert Campbell	9.55	METRO REGION
	Liam Finn	Cobourg	9.34	COSSA
	Liam Clearly	Bayridge	9.23	EAST REGION
	Caleb Turner	Frontenac	9.06	EAST REGION
	Trent Wright	Trenton	9.01	COSSA
	Johnny Lalonde	St Benedict	9.06	WEST REGION
	Jay Theriault	Granite Ridge	8.59	KASSAA
	Liam Osatchuk	Craig Kielburger	8.59	SOUTH REGION
	Malachi Cowan	Dunbarton (Pickering)	8.51	LOSSA
	Adam Maciel	Banting Memorial (Alliston)	8.16	South GBSSA
20	Kohlton Scott	Woodstock	8.05	WOSSAA
	Josh Barclay	Lakeshore Catholic	8.05	SOUTH REGION
	Jayden Dolan	Lakeshore Catholic	7.9	SOUTH REGION
	Josh Thurairajah	LO J. Clarke Richardson	7.88	CENTRAL REGION
	AJ Pike	Uxbridge (Uxbridge)	7.76	Durham 2
	Hunter Sauve Snow	Orillia (Orillia)	7.73	North GBSSA
	Reuben Frielink	GB Patrick Fogarty	7.72	CENTRAL REGION
	Bryson Jacobs	Banting	7.62	TVRA
	Kaleb Hurd	Napanee	7.59	Bay of Quinte
	Patrick Barkley	Frontenac	7.56	KASSAA
30	Lerenove Kottackel	St Benedict	8.28	WEST REGION
	Mirunan Athiththan	LO J. Clarke Richardson	7.52	CENTRAL REGION
	Matteo Cargnello	Georgetown District HS	7.51	SOUTH REGION
	James Ajayi	St Marcellinus (Mississauga)	7.49	St Marcellinus
	Liam Stewart	St Marcellinus (Mississauga)	7.44	St Marcellinus
	Kurtis Ward	Georgetown District HS	7.33	SOUTH REGION
	Morley Simonsen	Cobourg	7.3	COSSA
	Ethan McLachlan	Centennial	7.27	Bay of Quinte
	Harper Jaxon	Thousand Islands	7.27	LGSSAA
	Ryan Crowe	TASS	7.19	Kawartha
40	Kaleb Nieva	Laurel Heights	7.31	WEST REGION
	Weston Moyer	Banting	7.25	WEST REGION
	Lucas Morneau	Eastview (Barrie)	7.05	North GBSSA
	Kyle Gibson	TASS	7.03	COSSA
	Fouzy Abu-Al Hassan	Laurel Heights	7.17	WEST REGION
	RJ Card	Loyalist	6.88	Limestone Legacy
	Martin Duval	Hawkesbury	6.84	PRSSAA
	Julian Oliveira	TD - Marshall McLuhan	6.84	METRO REGION
	Tyler Gaudet	LO J. Clarke Richardson	6.8	CENTRAL REGION
	Hazim Shukri	London Central	6.79	WOSSAA
50				

Shot Put	ID Boys			
Rank	Name	School	Distance	Location
	Aiden Gilfillen	Napanee	6.7	Bay of Quinte
	Adam Andrulenas	Eastside	6.61	Bay of Quinte
	Garrett Howes	GB St. Thomas Aquinas	6.59	CENTRAL REGION
	Jacob Wilsom	Cobourg	6.57	Kawartha
	Clinton Manotham	Guelph	6.97	WEST REGION
	Mlungisi Cele	Banting Memorial (Alliston)	6.44	South GBSSA
	Conner Smith	Bayridge	6.42	Limestone Legacy
	Traviz Mucino	TD - Marshall McLuhan	6.41	METRO REGION
	Dakota Wilson	Cornwall	6.35	Limestone Legacy
60	Grayson LeBlanc	Immaculata	6.19	NCSSAA
	Nathaniel Bellissimo	St. Thomas Aquinas (Tottenham)	6.09	South GBSSA
	Isaiah Roy	Nottawasaga Pines (Angus)	5.99	South GBSSA
	Devin Carmen	Eastside	5.93	Bay of Quinte
	Jeffrey Sarpong	St. Thomas Aquinas (Tottenham)	5.92	South GBSSA
	Connor St-Onge	Uxbridge (Uxbridge)	5.86	LOSSA
	Justin Reeves	TD - Father John Redmond	5.8	METRO REGION
	Ayaan Safdar	St Marcellinus (Mississauga)	5.77	SOUTH REGION
	Jordan Sibbick	Eastview (Barrie)	5.76	North GBSSA
	Vashkar Dangal	Westview Freedom Academy	7.2	WEST REGION
70	Joseph Kalala	St Andre Bessette	5.69	WOSSAA
	Xavier Stokes	Ottawa Tech	5.66	NCSSAA
	Freddy Di Pietro	TD - Marshall McLuhan	5.66	METRO REGION
	Quintin Steffler	St Marys Dcvi	5.64	Huron Perth
	Nathan Facey	Oakwood	5.58	METRO REGION
	Lewis Day	Kingston	5.57	Limestone Legacy
	William Lauzon	Ottawa Tech	5.57	NCSSAA
	Hayden Walker-Maleska	Napanee	5.54	Limestone Legacy
	Kyle Ortizo	TD - Marshall McLuhan	5.54	METRO REGION
	Dante Ricketts	Lss	5.53	SDSSAA
80	Micoh Bugna	Bayridge	5.41	Limestone Legacy
	Maddex Ashley	Napanee	5.24	Bay of Quinte
	Grayer Osborne	Nottawasaga Pines (Angus)	5.22	South GBSSA
	Cypress Karn	Walkerton	5.2	CWOSSAA
	Dean Edwards	Thousand Islands	5.14	LGSSAA
	Yannis Mula Cruz	Notre Dame (Ajax)	5.06	LOSSA
	Vincent Mercado	J. Clarke Richardson (Ajax)	5.04	LOSSA
	Jack Schmidtgal	North Star	6.68	WEST REGION
	Nathan Wood	Port Hope	4.94	Kawartha
	Nicholas Ferrier	Bluevale	4.89	CWOSSAA
90	Vi Thomas-Gibson	Oakwood	4.84	METRO REGION
	Simon Hammer	Forest Heights	4.77	CWOSSAA
	Connor Clarke	STA	4.75	Kawartha
	Josh Pillon	Westview Freedom Academy	4.67	WECSSAA
	Camdyn Young	Eastview (Barrie)	4.54	North GBSSA
	Ayan Baig	J. Clarke Richardson (Ajax)	4.52	LOSSA
	Jermaine Nzekwe	Notre Dame (Ajax)	4.38	LOSSA
	Gabriel Lipani	St Marcellinus (Mississauga)	4.36	St Marcellinus
	Nathan Losee	J. Clarke Richardson (Ajax)	4.13	LOSSA
	Colton Hanna	Thousand Islands	4.12	Bay of Quinte
100	AJ Manning	Lord Dorchester	4.12	WEST REGION

Shot Put	ID Boys			
Rank	Name	School	Distance	Location
	Thomas Tran	Country Day School (King City)	4.01	St Marcellinus
	Caleb Young	Thousand Islands	4	Limestone Legacy
	Willem McKnight	TASS	3.97	Kawartha
	Kendell O'Byrne	Orillia (Orillia)	3.89	North GBSSA
	Adam Mouck	Centennial	3.74	Bay of Quinte
	Marcus Daly	Glenview Park	3.58	WCSSAA
	Christian Chomyn	Eastview (Barrie)	3.55	North GBSSA
	Evan Reynolds	Oakwood	3.52	TDSSAA South & West
	Eli Foebel	Lakeshore Catholic	3.46	SOUTH REGION
	Justin Miller	Centennial	3.38	Bay of Quinte
	Harry Young	Eastview (Barrie)	3.32	North GBSSA
	Pohi Suthan	Eastview (Barrie)	3.3	North GBSSA
	Owen Fickling	St Mary's Dcvi	3.07	Huron Perth
	Nathan Brookman	All Saints (Whitby)	3.04	LOSSA
	Lucius Taylor	Oakwood	1.98	TDSSAA South & West

Shot Put	Visually Imp G			
Rank	Name	School	Distance	Location
1	Latifa Mbianga Tchamabon	Jule-Leger	5.88	EAST REGION
	Lian Nhaen	Jule-Leger	5.56	EAST REGION
	Natasha Rivard	Jule-Leger	3.64	NCSSAA
	Abbi-Lynne Dufour	L'Essor	3.21	WECSSAA
10				
20				
30				
40				

Shot Put	Visually Imp B			
Rank	Name	School	Distance	Location
1	Jacob Gauthier	Jules-Leger	7.01	NCSSAA
	Samuel Schreiter	Huron Park	6.76	WEST REGION
	Adrian Quinton	Ottawa Tech	5.24	NCSSAA
10				
20				
30				
40				

Shot Put	Wheelchair Girls			
Rank	Name	School	Distance	Location
1	Sadie Baker	Vincent Massey Secondary	1.5	WEST REGION
10				

Shot Put	Wheelchair Boys			
Rank	Name	School	Distance	Location
1	Kamal Salah	J. Clarke Richardson (Ajax)	2.85	LOSSA
	Anthony Galligan	Sydenham	2.6	KASSAA
10				